

SHATTER THE MYTHS

## HELP TEENS SHAFF THE MYTHS ABOUT DRUGS & ALCOHOL JANUARY 23–29, 2017

teens.drugabuse.gov/ndafw



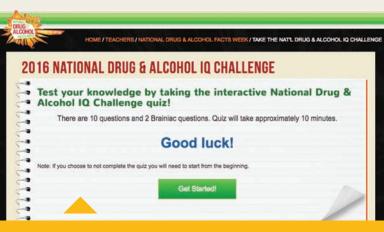
NIH National Institutes of Health

#### MAKE NATIONAL DRUG & ALCOHOL FACTS WEEK A PART OF YOUR COMMUNITY

#### WHAT IS NATIONAL DRUG & ALCOHOL FACTS WEEK®?

The National Institute on Drug Abuse (NIDA) has joined forces with the National Institute on Alcohol Abuse and Alcoholism (NIAAA) to shatter the myths about teen substance use!

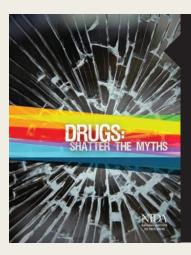
These two scientific centers at the NIH are partners in the week-long annual observance that brings together teens and scientific experts for an honest conversation about substance use. Join us January 23–29, 2017!



The online National Drug and Alcohol IQ Challenge is a 12-question multiple choice quiz that teens and adults can take to test their knowledge about drugs. Past-year challenges can be found at **teens.drugabuse. gov/2016IQChallenge**. The 2017 challenge will be posted in late 2016.

### HOLD AN EDUCATIONAL EVENT OR ACTIVITY

- Invite a scientific expert to speak to teens.
- → Organize contests.
- Coordinate a community 5K or 10K NDAFW walk.
- Invite professional athletes, entertainers, and politicians to events.
- Team up with us on Facebook, Twitter, and LinkedIn.
- Share drug facts through posters, videos, and morning announcements in schools.
- Host interactive assemblies and presentations.
- Get an official proclamation from community leaders.
- Check our online toolkits for more ideas.



Order or download our popular booklet Drugs: Shatter the Myths.

### **QUESTIONS?**

Email us at drugfacts@nida.nih.gov

teens.drugabuse.gov/ndafw





The interactive version of the popular poster Drugs + Your Body: It Isn't Pretty highlights the effects drugs have on the teen body. It was created in partnership with Scholastic. Order it for free at **scholastic.com/drugs-and-your-body**/



Choose Your Path interactive videos encourage students to make decisions about the abuse of prescription drugs using scenarios from their everyday lives. Check it out at **teens.drugabuse.gov/videos** 



Teens and volunteers share information about drugs and addiction during NDAFW. Event sponsored by Family & Friends United, Inc., and the Orange County Drug Free Coalition during Parent Academy. Orlando, Fl, Jan. 2016





Teens from Marathon Middle School show off their FREE science-based resources during NDAFW. Marathon, FL, Jan. 2016

Georgia teens and volunteers want to SHATTER THE MYTHS of drugs and alcohol. GUIDE, Inc., held two events for NDAFW. Lawrenceville, GA (Gwinnett County), Jan. 2016



Drug Facts Game Night was organized by the staff of Montgomery County, OH, Juvenile Drug Court and Reclaiming Futures. The night was hosted by the Honorable Anthony Capizzi and 24 Drug Court youth attended the event. Jan. 2016

# DON'T FORGET DRUGS & ALCOHOL CHAT DAY ON JANUARY 26, 2017

National Drugs & Alcohol Chat Day is an annual live online chat held between high school students and National Institutes of Health (NIH) scientists during National Drug & Alcohol Facts Week® (NDAFW). Students from around the country ask questions about drugs and drug abuse, including drug effects, how to help friends or family who are abusing drugs, and what causes addiction. Our expert scientists give them the facts.

You can search any previous Chat Day transcripts by school name, drug type, or scientist name at **teens.drugabuse.** gov/2016chat

Space is limited, so register early. Teachers can register classes at

drugabuse.gov/chat/

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