



Healthy people living in
healthy communities
achieved through
prevention and early
intervention.

POLK COUNTY
PUBLIC HEALTH



**Polk County Public Health
Polk County Human Services**

The Academy Building, 3rd Floor
182 SW Academy Street, Suite 302
Dallas, Oregon 97338

Phone: 503-623-8175
Fax: 503-831-3499

Polk County Public Health
Information Line
503-623-8176

www.co.polk.or.us

Services are provided by Polk County Public Health in a non-discriminatory manner and all visits are confidential. Polk County Public Health will not turn anyone away based on the inability to pay. Programs providing services at low or no cost are available to those who qualify.



POLK COUNTY
PUBLIC HEALTH



**To Protect and Promote
the Health and Safety of
People Living in
Our Community**

POLK COUNTY
PUBLIC HEALTH
503-623-8175



Public Health Services

Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Service for pregnant and breastfeeding women and children up to 5 years old. Nutritional counseling and classes by a registered dietitian are available.

Maternal and Child Home Visits

Home visitation program to assist women in obtaining access to prenatal care, and preparing for newborns. Home visits also provide parent education on infant care, nutrition, safety, breastfeeding and parenting.

Babies First

Home visits for high-risk babies to evaluate developmental progress to age five. These visits are made to evaluate the child's developmental progress to age five. Nurses provide health education to families, including infant care, safety, developmental milestones, etc. They work with families to improve attachment and maximize their parenting skills. The nurses also help link families to other services available to them in their communities. The nurses provide support, encouragement, and role modeling.

CACOON

Home visitation program for families with children through the age of 20 who have complex physical conditions which result in special medical, education, vocational and social needs.

Communicable Diseases

All reportable communicable diseases are investigated according to state guidelines to avoid spread of disease. Some of the reportable diseases are: measles, infectious hepatitis, tuberculosis, HIV and sexually transmitted diseases.

Women's Health Care Clinic

The Family Planning portion of the clinic provides education and assistance in pregnancy planning or prevention for men and women. Several methods of birth control are available as well as pregnancy testing and counseling. Women's examinations including pap smears and breast exams are conducted by a Nurse Practitioner.

HIV Case Management

Services for people with HIV/AIDS. Services include environment, nutrition, social support, finances and health status.

Sexually Transmitted Disease Clinic

Diagnosis and treatment of all sexually transmitted diseases, including gonorrhea, syphilis, chlamydia and HIV are provided. Call for an appointment.

Tobacco Prevention & Education

The Tobacco Prevention Program focuses on policy and systems change to decrease tobacco prevalence and use, eliminate involuntary exposure to secondhand smoke, reduce the initiation of tobacco by youth, and reduce chronic diseases caused by tobacco.

Emergency Preparedness

Provides community education, planning and engagement with key partners to plan, organize and respond to public health related emergencies.

Immunization Clinic

Vaccination for adults and children.

- Hepatis A & B
- Chicken Pox
- DPT
- MMR
- Polio
- Hib
- DTaP

TB skin tests, tetanus boosters, flu and pneumonia

For more information regarding any of these programs, eligibility and assessment, or to make an appointment - contact: Polk County Public Health Services at 503-623-8175. Polk County Public Health is open Monday through Friday 8:00 am to 12:00 noon and 1:00 pm to 5:00 pm. The office is closed on major holidays.