

OSU Extension Service Polk County Service District Board Meeting Agenda

January 18th, 2017, 1:30pm Extension Service Office – Large Meeting Room

Chairman, Commissioner Pope

Commissioner Mike Ainsworth, Commissioner Jennifer Wheeler

District Administrator Greg Hansen

Regional Administrator Derek Godwin, County Leader Alisha Atha

PECAN Chair Sue Reams

1. Call meeting into session – Chairman Pope (1:30pm) Time _____
2. Comments for items not on this agenda
3. Approval of Agenda
4. Approval of Consent Calendar
5. New Business: (1:40pm)

Extension Programs Update – Roberta Riportella, Associate Dean for College of Public Health and Human Services; Extension Family Community Health Program Leader (40 min)

1. Future directions of Extension Family and Community Health Program
2. Questions / Discussion

Administrative Update – Derek Godwin (30 min)

1. Progress on local strategic plan update – PECAN and Derek
2. Updates regarding local staffing, budgets, etc. - Derek
3. Early indications from the legislative session and OSU's response – Craig and Derek

Consent Calendar

- a) Approval of notes from October 12, 2016 Meeting / Healthy Communities Listening Session
- b) Appoint Eric Setniker to Extension Budget Committee

Fill Service District Budget position vacated by Mike Calef

6. Public Comment, Discussion or Announcements

Next meetings:

- a) PECAN Quarterly Meeting – February 21, 2017, 6:30pm – 8:30pm
- b) Extension Service District – April 19th, 2017, 1:30pm – 3:00pm

Adjourn Time _____

OSU Extension Service District Polk County District Board Meeting Notes
October 12, 2016
OSU Extension Service, Polk County – Conference Room

Craig pope called meeting to order at 1:34pm

Present: Derek Godwin, Alisha Atha, Darrell Ward, Sue Reams, Katrina Rothenberger, Mark Garton, Jennifer Wheeler, Craig Pope, Mike Ainsworth

Comments for items not on this agenda

Derek Godwin - Approval to announce position for Family Community Health position, will close November 1st. Full-Time position 25% SNAP Ed program coordinator for Polk, Marion Yamhill, 75% Family Community Health for Polk and Yamhill. The position will be housed in Yamhill County.

Approval of Agenda

Commissioner Wheeler moved to approve, Commissioner Pope seconded, motion passed unanimously.

New Business

Derek Godwin

Intro – OSU’s Division of Outreach and Engagements does an update of their strategic plan every 5 years. OSU Extension Polk County is now in the process of updating our county plan to better align with the division. We are seeking input from community members and leaders. The plan will focus on 3 themes: Healthy People and Communities, Healthy Economy and Healthy Planet. We are hoping to gain some insight into what community needs and how Extension can help meet those needs.

Focusing on two “external” goals of the O&E Strategic plan: 1. Equitably serve a broad diversity of learners, communities and stakeholders

What are the major concerns in Polk County?

Summarized notes from meeting last night. Issues identified: access to healthcare (insurance, options, mental health), food insecurity, transportation, nutrition education, affordable housing, lack of homeless shelters, breakdown of family communication.

New comments:

- 50% of children in Central School District are in single parent households. Deterioration of family has been the downfall of our society.
- Behavioral health center starting up in Monmouth-Independence to address some of the needs of the community.
- Need to better communicate the resources that are available to people. A lot of people don’t know what’s available or that they’re eligible to receive services.
 - o *Resource: Asset Map – From Community Family outreach
- There was some disagreement that mental health is an issue in Polk County. Mental health services in Polk county are better than many other places in the state. This could be an area of miscommunication between the county and the public.

- Need to figure out what is the community perception, and find the gaps in communication. What services are provided that people don't know?
- Top priority identified: Food preservation, nutrition and food safety. Extension needs to be working right alongside Public Health.
- County offers parenting classes throughout the county – it's an issue getting people to the class. Usually daycare and a meal are provided.
 - o Discussed the possibility of Extension "piggybacking" and offering one component of parenting class such as nutrition or food preservation.
- Chronic disease, overweight/obesity
 - o Growing studies are showing that the current "traditional" models of dealing with obesity through public health system is not effective. Need to come up with another model, new ideas
- What are the gaps in services? Needs to be a question that is asked.

Desired outcomes/priorities

- Could focus more time/efforts on working with young parents/teen parents. Monmouth Independence center is back up and running and serving approximately 18 young parents.
 - o Teen pregnancy rate has recently dropped significantly – down to about 5%
- Current program; Afterschool tutoring at Central High school – which is free and goes from 3:30-5:30.
- General financial education for youth – youth don't know the value of a dollar these days because there are so few opportunities for them to earn a wage. The majority of people in jobs that were, in the past mostly for kids, are now taken by adults who are trying to earn a living. With the increase in technology, there are fewer jobs
 - o Minimum wage was not meant to be a livable wage – minimum wage jobs were meant as an avenue to learn job skills.
- Extension needs to embrace that it's part of a workforce development model. Education for jobs is a workforce development priority.
 - o 4-H is seen as a life skills/job skills program.
 - o Not every kid is meant to go to a 4-year college – there need to be access to other types of skilled labor training.

****Another question to ask – what are the barriers to offering the services that are needed?**

- Need to get a consensus on gaps and barriers in order to decide where to point our resources.
- Some barriers could include: Mental health court – domestic violence. If an offender needs to take classes that are not offered in Polk County, they may not be able to afford taking them in Salem. If person is making an effort and reaching all goals but one, county needs to be able to offer the tools for them to meet the goals/requirements that were set for them.

Partners/Partnerships/Funding

- Reengage with Polk County Health Dept.
- Work with county to help offer or provide resources (curriculum) for court mandated classes that people can't afford or can't get to because we don't have them in Polk County.
- Hospitals/insurance companies have a lot of these programs and have a lot of interest.

- Salem health community grant/fund
- *CCO transformation dollars – if you tie it to one of their ‘goals/priorities’ you have a good chance of getting it.
 - Would be an “historic” partnership between Extension and Transformation healthcare initiative. There is over \$2.5 million dollars currently that has not even been applied for.
 - They are in process of revamping their grant application.
 - **Katrina Rothenberger is on their grant approval board and could help us with a grant as well as possibly partner.

Final remarks

- Would be good to provide a recap of what Extension has done in the past and is currently doing, and where we would like to go in the future.
 - Need to make sure not to mislead people into thinking that we are able to do everything that they are suggesting.
 - At some point we need to be more specific as to what our limitations are, and what we can do.
- Commissioner Pope would like to hear about how these conversations go in other counties.
- Commissioners encourage Extension faculty/staff to attend the SIT meetings to engage those partners in this process and make connections.

Meeting adjourned at 2:53pm.

Healthy Communities Listening Sessions – Summary

October 11 & 12, 2016

OSU's Division of Outreach and Engagement, which includes the Extension Service, recently completed a new strategic plan. This new plan has prompted us to review our current education efforts in Polk County and identify what areas need to be modified to better reach these new goals. We have decided to take a "thematic" approach in the way that we collect information, to try to better align with community needs, rather than focus solely on OSU's Extension Programs.

We have broken the process into three thematic areas; Healthy People and Communities, Healthy Economy and Healthy Planet. We will be holding quarterly listening sessions that focus on each area. For our first session, our topic was Healthy People and Communities, and included discussions about youth, families, schools and the general health and well-being of Polk County residents. We, as a group, shared information about our current situation and tried to identify opportunities where we could strengthen our outreach and leverage resources from OSU and our many community partners.

What are the major concerns in Polk County?

Access to Healthcare

- **Insurance coverage:** Lack of insurance coverage or inadequate insurance coverage. Expense of insurance coverage, high deductibles/copays, insurance not covering enough of the medical expenses.
- **Providers:** Small choice of providers in the cities. Have to travel to Salem for larger selection.
 - Many providers are either not accepting OHP or are not accepting new patients.
- ***Behavioral & Mental Healthcare.** Polk County Behavioral Health only serves people who have OHP, and does not provide services to those with private healthcare insurance. People who have private healthcare insurance have to travel to Salem or another city to access services for behavioral health.
 - *There was some disagreement between meeting groups as to whether or not access to behavioral/mental health services was a top concern in Polk County. A comment was made in the second meeting that Polk County is leading the state in behavioral health services available to citizens.
 - Court appointed treatment for domestic violence offenders is not a service that is available in Polk County, therefore people have to travel to Salem or another city to meet that requirement. This is a concern for person who is making an effort and reaching all goals except that one because our county doesn't have the tools to provide an option for something the courts are requiring of people.
- **Chronic disease and obesity**
 - Growing studies are showing that the current "traditional" models of dealing with obesity through the public health system is not effective. We need to come up with another model or new ideas.

Communication

- **Availability of services.** People do not know what services are out there and available to them. Many people don't know that there are resources centers in most cities. In Polk County, there

are resource centers in Dallas and Independence, and satellite centers in Falls City and Grand Ronde.

- People may know about or have heard about services, but may not know that they're eligible, or how to go about getting the services.
- People may not want to apply for assistance because they feel embarrassment or the "stigmas" and assumptions that people have for people who receive public assistance.
- We should be asking what are the gaps in service? What services do we provide that people don't know about?
- **Family Communication.** Breakdown of family communication has been one of the downfalls of our society. Families are not communicating with each other.
 - Children are self-isolating themselves from family and friends and immersing themselves in technology, social media, etc. Children feel like they're connected because of their online social network, but not having any in-person interactions.
 - Due to it becoming nearly impossible to support a family on one income, we're seeing more and more dual working parents. This is leaving kids at home alone, watching TV until the parents are home from work.

Food Insecurity

- **Rural communities & western edges of Polk County** (including Falls City & Grand Ronde). Limited access to grocery stores, including places that they can use SNAP benefits (food stamps), food pantries. If you can't afford gas or don't have personal transportation, how do you get to a city that has a grocery store?
 - As more food services are added, more people keep signing up to receive them.
 - Community Gardens – Monmouth and Independence don't have many areas that are open to public for community gardens.
 - *Top Priority Identified – Food preservation, nutrition & food safety – Extension should be working right alongside Public Health on these issues. This was an area of high interest in both meetings.
 - Schools are not teaching food and/or nutrition classes as they used to. Where else can youth learn these important skills? 4-H offers limited food/nutrition education, SNAP-Ed is only offered in one elementary school in Polk County.

Transportation

- **Carts bus system** routes keep getting cut further and further. Take an entire day to get to Salem and back.

Housing

- **Affordable Housing** there is a serious lack of rentals available in Polk County. There is a large waiting list to get Section 8 housing vouchers, then when you get the vouchers, many landlords will not accept the vouchers.
- **Homelessness** There are NO homeless shelters in all of Polk County
 - People staying in parking lots or jail. There is also a lack of transportation to/from Dallas/Salem for homeless. CARTS held forum for suggestions on how to improve their services, but held it at 6pm, when those who had no transportation, could not get to the meeting because CARTS was not running at that time.
 - If a homeless person has to stay in Polk County for legal reasons, they are forced to either sleep outside or to violate the order and travel into Marion County to the homeless shelter in downtown Salem.

Desired Outcomes and Priorities

- **Self-sufficiency** Families being able to support themselves. What would self-sufficiency look like?
 - All basic needs are met – food, shelter, healthcare, personal safety, transportation, child care.
 - People know where to look to find resources they need to survive.
 - Be employed, making a livable wage. Educated workforce.
 - Resources are available to people of all backgrounds – cultures, language, disability, etc.
- **Easier to employ** As an employer it's becoming harder and harder to hire someone – too many hoops to jump through.
 - With minimum wage so high, it's too much of a liability to hire a young person, rather than a more skilled worker.
- **Education for Youth** Schools are not teaching certain life skills anymore
 - Financial education
 - Parenting education for young parents
 - Nutrition education
 - Workforce development

Key Partners and Funding Sources

Partners

- **County & Cities**
 - Polk County, Cities of Dallas, Independence, Monmouth.
 - Polk County Public Health
 - City of Independence Latino Outreach Coordinator
 - SIT Teams
 - Grand Ronde tribe
- **Schools**
 - Chemeketa
 - Public and Private Schools
 - WOU
- **Others**
 - Churches – The Gate Youth Association
 - Family Building Blocks, Mid Valley Parenting
 - Women for Ag
 - Marion Polk Food Share
 - Business Community
 - Hospital
 - Manufacturing companies
 - Chamber of Commerce

Funding Sources

- CCO Transformation Dollars
- FORD Family Foundation
- Spirit Mountain Foundation
- Oregon Community Foundation
- Specialty crop block grant
- USDA