

# Make Parenting a Pleasure

A positive parenting system that is easy to implement and has proven parenting solutions.



**Would you like to talk with other parents who you can share the challenges and joys of parenting?**



**Would you like to develop skills to promote a positive family life?**



**Would you like more confidence in parenting?  
Do you need more time for yourself?**

If you answered **YES** to any of these questions, we invite you to join us for **FREE** 10-weekly group sessions of **Make Parenting a Pleasure**.

**FOR:** Parents and Caregivers with children between the ages of 0-8.

**WHEN:** Thursdays, Oct 13th through Dec 15th, 10:30-12:30pm

**WHERE:** Boys & Girls Club, 925 Gerth St NW, Salem, OR

**FREE with child care and a meal.**

**HOW TO REGISTER:**

Online at [www.midvalleyparenting.org](http://www.midvalleyparenting.org) or by calling Heather at (503) 623-9664 ext 2368

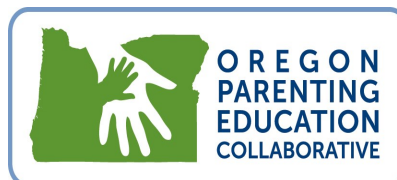
**QUESTIONS:**

Call 503-390-5637

**Brought to you in partnership with:**



Mid-Valley  
Parenting  
PARENTING WITH PURPOSE



*Because children don't come with instructions.*