

Strengthening Families

Parenting Program for Parents and Youth Ages 10 - 14



Strengthening Families Program

A time for you & your youth to spend quality time together. Each evening is interactive and fun as you learn tools to make a successful transition into the teen years. Youth learn how to effectively communicate with parents and deal with the pressures that come with the teen years. While parents learn what is developmentally appropriate for tweens and teens so they can set limits and grant privileges. Parents and youth will also spend time together focusing on and building up the assets of their family.

For parents **AND** youth 10 to 14 years old

There is no tuition - the class is offered for **FREE!**

Every Tuesday November 1st — December 20th

5:30pm to 8:00pm

LaCreole Middle School

701 SE LaCreole Dr, Dallas 97338

FREE DINNER AND CHILD CARE

Register online at **www.midvalleyparenting.org**



Mid-Valley
Parenting

PARENTING WITH PURPOSE

