

## **ACCOUNTABILITY WORKSHEET**

Purpose of this assignment: You have been assigned this worksheet because you have acted irresponsibly. However, every choice we make (positive or negative) happens for a reason. The purpose of this assignment is to have you take a close look at why you did what you did, and how you can prevent it from happening again. This is the skill of ACCOUNTABILITY.

Answer the following questions in your own words, and be honest. You cannot be too descriptive in doing this assignment.

1. In great detail, describe your crime. Describe your thoughts, feelings, and behavior-before, during, and after your crime. Remember you cannot be too descriptive. (500 words minimum)
2. Have you done similar behavior before? Give at least two examples. (250 words minimum)
3. List ways in which this behavior impacts others. List three for each of your family members, and yourself, and four ways for your community.
4. List the steps you are going to take to prevent this behavior from happening again. Be specific. Don't simply put that you won't do it again. (50 words minimum)
5. What should be the consequences for you, if you do not follow the steps. Be specific. (50 words minimum)

If you have any questions, please call **(503) 623-2349**.

This essay is due on \_\_\_\_\_ . You may bring it in person or mail it to the following:

**Polk County Juvenile Department  
820 SW Church Street, Suite 101  
Dallas, OR 97338**