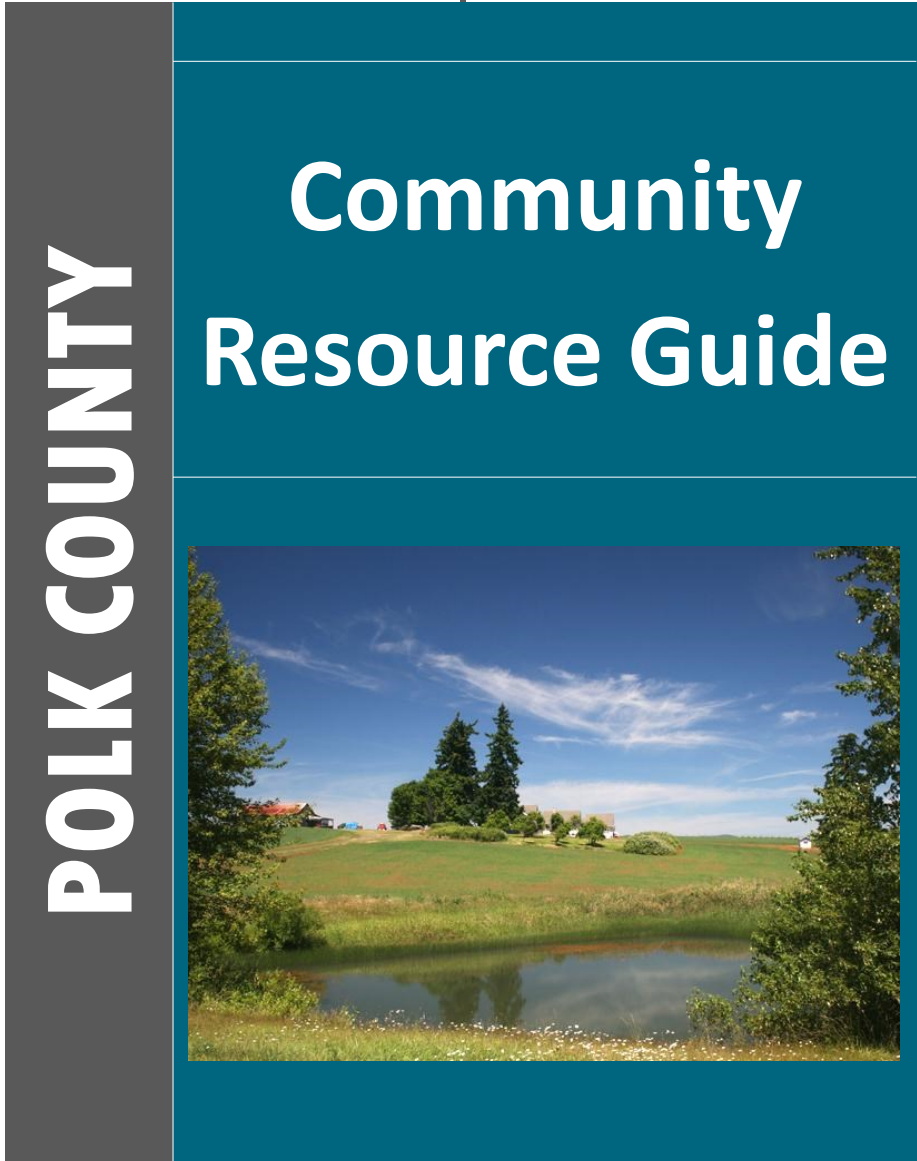


# Frequently Used Numbers

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Winter 2017

*This resource guide was created by The Polk County Family & Community Outreach Department to share knowledge and provide support to our community partners. Updates will occur quarterly. To change your agency information, please contact The Polk County Family & Community Outreach Department at: [fco.info@co.polk.or.us](mailto:fco.info@co.polk.or.us)*

*For additional resources go to [211 Info](#), a statewide information and referral service. You can also Dial 211 or Text your zip code to 898-211 to begin searching for resources.*



*Printing of this guide was generously donated by The Salem Health West Valley Foundation.*



## NOTES

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## SERVICE INTEGRATION MEETING SCHEDULE

Service Integration teams meet monthly and are open to anyone wanting to learn more about the valuable resources in each community. Every team is unique to its local community with partners such as school personnel, law enforcement, government agencies, non-profits, faith community representatives, tribal members, and community members.

By working together and combining resources, the teams are able to support a variety of local projects and needs each year.

*For a complete Service Integration calendar visit: <http://www.co.polk.or.us>*

### Central

Monmouth Christian Church 959 Church St. W. Monmouth, OR 97361  
10:30am-12pm  
Second Wednesday every month

### Dallas

Valley Life Center Church 1795 SE Miller Ave. Dallas, OR 97338  
10:30am-12pm  
First Wednesday every month

### Falls City

Falls City Community Center 320 N. Main St. Falls City OR 97344  
9am-10:30am  
First Tuesday every month (2nd Tuesday in August & September)

### Perrydale

Perrydale High School 7445 Perrydale Rd. Amity 97101  
10am-11am  
First Monday every month (No meeting in August)

### West Salem

Willamette Valley Hospice 1015 3rd St. NW Salem, OR 97304  
8:30am-10am  
Second Friday every month (First Friday in November)

### West Valley

Grand Ronde & Willamina (alternating locations)  
1:30pm-3pm  
First Friday every month  
Grand Ronde Tribal Health Center 9615 Grand Ronde Rd. Grand Ronde, OR 97347  
West Valley Fire District 825 NE Main St. Willamina, OR 97396

*In need of volunteers or looking for a volunteer opportunity? Check out [justserve.org](http://justserve.org)*

## BASIC NEEDS

Baby Items

Clothing

Emergency Rent & Utility Assistance

Food Access

Furniture and Housewares

Meal Sites

Transportation





## BABY ITEMS

### Bambinos

211 E. Ellendale Ave. #7 Dallas, OR 97338  
503-623-4618

**Hours:** M/T/W/F 8am-5pm

**Resources:** Baby clothes, Baby Food, Formula, Diapers, and Medicine

**Eligibility:** Clothing requests limited to one per season.

<http://bambinosoregon.org>

### Dallas Community Resource Center\*

182 SW Academy St. Dallas, OR 97338  
503-623-8429

**Hours:** Monday-Friday 8am-5pm

**Resources:** Diapers, Formula, Clothing

**Eligibility:** Items available first come first serve.

### Central Community Resource Center\*

1610 Monmouth St. Independence, OR  
503-606-2310

**Hours:** Thursdays 8am-5pm

**Resources:** Diapers, Formula, Clothing

**Eligibility:** Items available first come first serve.

### Family Building Blocks\*

1135 Edgewater St. NW Salem, OR 97304  
503-363-3057

**Hours:** Monday-Friday 8am-4:30pm

**Resources:** Clothing Closet and Food Pantry

**Eligibility:** Must be enrolled in Family Building Blocks programs.

<http://www.familybuildingblocks.org>



## LOCAL RESOURCE SATELLITE SITES

### Falls City Satellite Site (Mountain Gospel Fellowship)

257 N. Main St. Falls City, OR 97344  
503-787-8037

**Hours:** Every other Friday 2pm-5pm

**Partners:**

Dept. Human Services

Goodwill Job Connection

Family Building Blocks

Marion-Polk Food Share

The Salvation Army

Community Action

Polk County FCO

Mt. Gospel Fellowship

**Services:**

Cash & Food Assistance

Rent/Utility Assistance

Financial Assistance

Employment Services

Hygiene Supplies

Food Distribution

Early Childhood

Parent Education

### Grand Ronde Satellite Site (Grand Ronde Food Bank)

9675 Grand Ronde Rd. Grand Ronde, OR 97347  
503-879-3663

**Hours:** Every other Wednesday 9am-4:30pm

**Partners:**

Marion-Polk Food Share

Dept. of Human Services

Polk County Family & Community Outreach

Goodwill Job Connection

Confederated Tribes of Grand Ronde

**Services:**

Cash & Food Assistance

Employment Services

Food Distribution

Referral Services

## LOCAL RESOURCE CENTERS

### Central Community Resource Center

1610 Monmouth St. Independence, OR 97351  
503-606-2310

**Hours:** Tuesday-Thursday 9am-6pm

**Partners:**

Polk County Family & Community Outreach	Catholic Community Services
TNT Insurance Services	Community Action Agency
Mano a Mano	The Salvation Army

**Services:**

Cash & Food Assistance	OHP/Insurance Outreach
Financial Assistance	Rent/Utility Assistance
Parent Education	Employment Services
Clothing	Hygiene Supplies

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### Dallas Community Resource Center

182 SW Academy St. Suite 220 Dallas, OR 97338  
503-623-9664

**Hours:** Monday-Friday 8am-5pm

**Partners**

Polk County Family & Community Outreach	Polk County Public Health
Polk County Behavioral Health	Mid-Valley Parenting
Family Building Blocks	Community Action Agency
The Salvation Army	Shangri-La

**Services:**

Early Learning Resources	Rent/Utility Assistance
Healthy Family Program	Child Care Resources
Financial Assistance	Hygiene Supplies
Employment Services	Parent Education
Clothing	Relief Nursery

## CLOTHING

### Bambinos

211 E. Ellendale Ave. #7 Dallas, OR 97338  
503-623-4618

**Hours:** M/T/W/F 8am-5pm

**Resources:** Baby Clothes, Baby Food, Formula, Diapers, and Medicine

**Eligibility:** Clothing requests limited to one per season.

<http://bambinosoregon.org>

### Jinett's Clothing Closet

341 NE Kings Valley Hwy. Dallas, OR 97338  
971-283-0443

**Hours:** M-F 8am-5pm, by appt. only

**Resources:** Clothing for men, women, and children.

**Eligibility:** Call for appointment

<http://www.jinettscloset.com>

### Seventh Day Adventist Church

589 SW Birch St. Dallas, OR 97338  
503-623-5872

**Hours:** Wednesdays 10am-1pm

**Resources:** Clothing closet and Food Pantry

**Eligibility:** Residents of Dallas, Monmouth, Independence, Falls City. One visit per month.

[dallas22.adventistchurchconnect.org](http://dallas22.adventistchurchconnect.org)

### Community Clothing Closet

783 SW Church St. Dallas, OR 97338  
503-751-1289

**Hours:** Vary depending on schedule

**Resources:** Clothing, Backpacks, School Supplies.

**Eligibility:** Everyone welcome, call to check schedule.

### Monmouth Christian Church

959 Church St. W Monmouth, OR 97361  
503-838-1145

**Hours:** Wednesdays 10am-12pm

**Resources:** Clothing Closet and Food Pantry

**Eligibility:** Community resident. Limit one visit per month.

<http://www.mymcc.cc>

## EMERGENCY RENT & UTILITY ASSISTANCE

### Central Community Resource Center\*

1610 Monmouth St. Independence, OR  
503-606-2310

**Hours:** Thursdays 8am-5pm

**Resources:** Emergency assistance for help with rent and utilities one time per calendar year.

**Eligibility:** Emergency situation caused the inability to pay and household can meet monthly expenses going forward.

### Community Action Energy Assistance\*

1850 45th Ave. NE Salem, OR 97305  
503-588-9016

**Hours:** Monday-Friday 8am-5pm

**Resources:** Energy assistance for residents of Marion and Polk Counties

**Eligibility:** 60% of State Median Income

[mycommunityaction.org](http://mycommunityaction.org)

### Northwest Human Services\*

694 Church St. NE Salem, OR 97301  
503-581-5535

**Hours:** Hotline open 24 hours

**Resources:** Rent and Utility Assistance. Call to make an appointment for assistance.

**Eligibility:** Shut off notice required for utilities, 72 hour notice required for rent.

<http://www.northwesthumanservices.org>

### Dallas Community Resource Center\*

182 SW Academy St. Dallas, OR 97338  
503-623-8429

**Hours:** Monday-Friday 8am-5pm

**Resources:** Emergency assistance for help with rent and utilities one time per calendar year.

**Eligibility:** Emergency situation caused the inability to pay and household can meet monthly expenses going forward.

### Grand Ronde Emergency Assistance

9615 Grand Ronde Rd. Grand Ronde, OR  
503-879-2077

**Hours:** Monday-Friday 8am-5pm

**Resources:** Rent and Utility Assistance

**Eligibility:** Must be enrolled Tribal member. Income and residency documents required.

<http://www.grandronde.org>

### St. Vincent De Paul

3745 Portland Rd. NE Salem, OR 97301  
503-364-5672

**Hours:** M/W/F 10am-1:45pm  
TH 11am-1:45pm

**Resources:** Utility Assistance

**Eligibility:** Birth Certificate/ID required

<http://svdpsalem.org>

## COMMUNITY PARTNER SUPPORT

Local Resource Centers  
Service Integration Meeting Schedule  
Notes





## FOOD ACCESS

### Dallas Emergency Food Bank

322 Main St. Ste. 180 Dallas, OR 97338  
503-623-3578

**Hours:** Monday-Friday 9am-11:30am

**Resources:** Free Produce, Non-Perishables, Frozen foods.

**Eligibility:** Income-Based, one visit per month. Open to Dallas Residents.

### Dallas United Methodist Church

565 SE LaCreole Dr. Dallas, OR 97338  
503-851-5918  
503-623-2481

**Hours:** Thursdays 4:30pm-6:30pm

**Resources:** Produce

**Eligibility:** Open to all

<http://umcdallas.wix.com/dallas-umc>

### FC Seventh Day Adventist Church

205 N. Main St. Falls City, OR 97344  
503-787-3814

**Hours:** 3rd Wednesday 12pm-3pm

**Resources:** Produce, Non-Perishables, Frozen foods.

**Eligibility:** Income-Based, Community residents, One visit per month.

<http://www.fallscitychurch.com>

### Dallas Seventh Day Adventist

589 SW Birch St. Dallas, OR 97338  
503-623-5872

**Hours:** Wednesdays 10am-1pm

**Resources:** Non-Perishables, Seasonal Produce

**Eligibility:** Residents of Dallas, Monmouth, Independence, Falls City. One visit per month

[dallas22.adventistchurchconnect.org](http://dallas22.adventistchurchconnect.org)

### Ella Curran Food Bank\*

870 N. Main St. Independence, OR 97351  
503-871-9282

**Hours:** M/T/TH 9am-11:45am

**Resources:** Shopping style food pantry. Free produce, non-perishables, frozen.

**Eligibility:** Any resident in Monmouth, Independence, or surrounding area.

### Iskam Mek h Mek Haws

9675 Grand Ronde Rd. Grand Ronde, OR  
503-879-3663

**Hours:** 1st,3rd, 5th Fri. 9am-1pm, 2nd Sat. 10am-2pm, 4th Wed. 2pm-6pm

**Resources:** Free Non-Perishables, Produce, Frozen

**Eligibility:** Income-Based, call for guidelines.

## FOOD ACCESS

### Kingwood Bible Church

1125 Elm St. NW Salem, OR 97304  
503-399-9600

**Hours:** 1st/3rd Saturday 10am-12pm

**Resources:** Free food box (may include fresh and frozen items).

**Eligibility:** West Salem residents, income-based. One visit per month.

<http://kingwoodbible.net>

### Mountain Gospel Fellowship

303 N. Main St. Falls City, OR 97344  
503-787-8037

**Hours:** Fridays 4pm-6pm

**Resources:** Free Produce

**Eligibility:** All welcome

<https://www.facebook.com>

### Valley Life Center

1795 SE Miller Ave. Dallas, OR 97338  
503-623-4116

**Hours:** Mon-Thurs 8:30am-4:30pm,  
Friday 8:30am-1pm

**Resources:** Non-Perishable Food Box

**Eligibility:** Anyone, limit one time per year.

<http://valleylifecenter.com>

### Monmouth Christian Church

959 Church St. W. Monmouth, OR 97361  
503-838-1145

**Hours:** Wednesdays 10am-12pm

**Resources:** Free non-Perishable Food Box

**Eligibility:** Community residents, limit one visit per month.

<http://www.mymcc.cc>

### The Salvation Army\*

1977 Front St. NE Salem, OR 97301  
503-585-6688

**Hours:** Monday-Friday 9am-12pm

**Resources:** Shopping style food pantry. Free produce, non-perishables, frozen.

**Eligibility:** Limit one visit per month.

<http://www.salem.kroccenter.org>

### WS United Methodist Church

1219 Third St. NW Salem, OR 97304  
503-363-3035

**Hours:** Monday/Wednesday 1pm-3pm

**Resources:** Better Box, geared toward people with Diabetes. Some gluten free. Shop style.

**Eligibility:** Income-Based. Limit one visit every 28 days.

<http://www.umc.org>

## VETERANS SERVICES

### Polk County Veteran's Field Officer

240 SW Washington St. Dallas, OR 97338  
503-623-9188

**Hours:** Monday-Friday 8am-5pm

**Resources:** Helping veterans get connected to services. Veterans Service Officer available

**Eligibility:** Veterans

### Survivor Outreach Services

503-584-2389

**Hours:** Monday-Friday 7:30am- 4:30pm

**Resources:** Financial counselors, support coordinators

**Eligibility:** Veterans

<http://oregonbtyr.org>

### Oregon LGBTQ Veterans

#### Coordinator

700 Summer St NE, Salem, OR 97301  
971-720-9016

**Hours:** Monday-Friday 8am-5pm

**Resources:** Correction of military records, assistance with veteran services, promotion and support in creating a community and culture of inclusion for ALL veterans regardless of sexuality or gender identity.

**Eligibility:** Veterans

<http://www.oregon.gov>

### Serving Our Vets at Home (SOVAH)

PO Box 13054 Salem, OR 97309  
503-508-7250

**Hours:** M-F, 8am-5pm

**Resources:** Battle Buddies support groups, Stand Down outreach event

**Eligibility:** Veterans

<http://www.sovah.org/>

### VA Outpatient Clinic

1750 McGilchrist St. SE #130 Salem, OR  
971-304-2200

**Hours:** Monday-Friday 8am-4:30pm

**Resources:** Primary care, mental health services, physical therapy, labs, etc.

**Eligibility:** Those who serve or have served in the military

<http://www.portland.va.gov/>



## VETERANS SERVICES

### Community Action Agency SSVF \*

1164 Madison St. NE Salem, OR 97301  
503-399-9080

**Hours:** Monday-Friday 8:30am-4:30pm

**Resources:** Financial assistance, stable housing, employment resources, case management, etc.

**Eligibility:** Homeless veterans, or those at risk. Must provide proof of military involvement. Income requirements appointments available in Dallas.

### Easter Seals Veterans Reintegration

605 Cottage St. NE Salem, OR 97301  
971-283-4973

**Hours:** Monday-Friday 8:30am-5pm

**Resources:** job-related equipment, clothing, transportation, toiletries, training, job prep, trade certification and licensing assistance

**Eligibility:** Homeless veterans, or those at risk. Must provide proof of military involvement

<http://www.easterseals.com>

### Oregon National Guard Family Program

**Resources:** Connects National Guard families with local, regional, and national organizations in support of their everyday lives at home.

**Eligibility:** National Guard families  
<https://www.jointservicesupport.org>

### Confederated Tribes of Grand Ronde

9615 Grand Ronde Rd. Grand Ronde, OR 97347

503-879-5211

**Hours:** Monday-Friday 8am-5pm

**Resources:** Help steer veterans to services

**Eligibility:** Tribal members who have served in military

<http://www.grandronde.org>

### Home of the Brave

655 Cottage St. NE Salem, OR 97301  
971-599-5827

**Hours:** Monday-Friday 8am-5pm

**Resources:** 4-6 month self-sufficiency program, single occupancy bedroom

**Eligibility:** Homeless veterans Salem area. No dishonorable discharge.

<http://homelessvets.org>

### Oregon Department of Veterans' Affairs (ODVA)

700 Summer St NE, Salem, OR 97301  
503-373-2085 option 4

**Hours:** M-F, 8am-5pm

**Resources:** Helping veterans find resources, Veteran Service Officers available

**Eligibility:** Veterans

<http://www.oregon.gov/>

## FOOD ACCESS

### Family Life Church, Shared Blessings Food Pantry

1675 Wallace Rd. NW Salem, OR 97304  
503-364-0002

**Hours:** M/W/F 9am-11:45am

**Resources:** Free produce, non-perishables, frozen.

**Eligibility:** One visit per month, income-based.

### WOU Food Pantry\*

347 Monmouth Ave. N. Monmouth, OR 97361

503-838-5535

**Hours:** Hours vary with school year

**Resources:** Free perishable, some frozen food.

**Eligibility:** WOU students and their families.

<http://86465.orgsync.com/org/aswou>

### Willamette Valley Food Assistance

888 SE Monmouth Cutoff Rd. Dallas, OR Building E  
503-831-5634

**Hours:** First Four Wednesdays  
1:30pm-6:15pm

**Resources:** Shop style food distribution.

**Eligibility:** \$42 monthly fee. Visit Weekly.

<http://www.wvfap.org>

### Department of Human Services\*

190 W. Ellendale Ave. Dallas, OR 97338  
503-623-5526

**Hours:** Monday-Friday 8am-5pm

**Resources:** Food Stamps

**Eligibility:** Intake Required

<http://www.oregon.gov/DHS>



## FURNITURE

### Bambinos

211 E. Ellendale Ave. #7 Dallas, OR 97338  
503-623-4618

**Hours:** M/T/W/F 8am-5pm

**Resources:** Baby Clothes, Baby Food, Formula, Diapers, and Medicine.

**Eligibility:** Call for availability of items.

<http://bambinosoregon.org>

### St. Vincent de Paul

3745 Portland Rd. NE Salem, OR 97301  
503-364-5672

**Hours:** M/T/W/F 10am-1:45pm,  
TH 11am-1:45pm

**Resources:** Emergency Furniture

**Eligibility:** Screening Required.

<http://svdpsalem.org>

### Gifts in Kind

503-917-9629

**Hours:** Call for appointment

**Resources:** Furnishings, Housewares, Small Appliances.

**Eligibility:** Families must be connected to DD Services. Must have an appointment. All items first come, first serve.



## VETERANS SERVICES





## MEAL SITES

### Calvary Chapel

628 SE Jefferson St. Dallas, OR 97338  
503-831-1074

**Hours:** T/W/TH Call Between 10am-3pm

**Resources:** Emergency Meal

**Eligibility:** Must be an emergency. Call ahead to make arrangements.

<http://www.calvarydallasor.com>

### James 2 Community Kitchen

Dallas United Methodist  
565 SE LaCreole Dr. Dallas, OR 97338  
503-851-5918

St. Phillip's Catholic  
825 SW Mill St. Dallas, OR 97338  
503-508-8421

Falls City United Methodist  
280 N. Main St. Falls City, OR 97344  
425-222-5458

**Hours:** 4:30pm-6pm  
Tuesdays– St. Phillip's Catholic Church  
Thursdays– Dallas United Methodist

2nd,3rd,4th Tuesday– Falls City

**Resources:** Community Dinner

**Eligibility:** All are welcome.

<sites.google.com/site/james2kitchen>

### City Vibe Dinner on the Green

1219 3rd St. NW Salem, OR 97304  
971-208-5606

**Hours:** Fridays 6pm-7:30pm

**Resources:** Community Dinner

**Eligibility:** All welcome. Focus on those experiencing homeless or at risk.

<http://cityvibesalem.org>

### Mountain Gospel Fellowship

303 N. Main St. Falls City, OR 97344  
503-856-2545

**Hours:** Wednesdays 6:30pm

**Resources:** Soup Supper

**Eligibility:** All Welcome.

<facebook.com/mountaingospelfellowship>

### Union Gospel Mission

245 Commercial St. NE Salem, OR 97301  
503-362-3983

**Hours:** Breakfast 6:30am  
Lunch 12pm  
Dinner 5:30pm

**Resources:** Free Meals

**Eligibility:** Open to all

<https://www.ugmsalem.org>



## TRANSPORTATION

### Central Community Resource Center\*

1610 Monmouth St. Independence, OR 97351

503-606-2310

**Hours:** Thursdays 8am-5pm

**Resources:** Carts and Cherriots Bus Passes, Limited Gas Cards.

**Eligibility:** Medical appointment transportation, employment, interviews, and other appointments necessary.

### Polk County Behavioral Health\*

182 SW Academy St. Dallas, OR 97338  
503-623-9289

**Hours:** Monday-Friday 8am-5pm

**Resources:** Bus Passes

**Eligibility:** Only available to active clients to be used for behavioral health appointments.

<http://www.co.polk.or.us/bh>

### Dallas Community Resource Center\*

182 SW Academy St. Dallas, OR 97338  
503-623-8429

**Hours:** Monday-Friday 8am-5pm

**Resources:** Carts and Cherriots Bus Passes, Limited Gas Cards.

**Eligibility:** Can be used for medical appointments, employment, interviews, and other appointments necessary.

### TripLink\*

285 Church St. NE Salem, OR 97301  
503-315-5544

**Hours:** Monday-Friday 6am-7pm

**Resources:** Rides available anytime for medical appointments.

**Eligibility:** Appointments covered by OHP.

<http://www.cherriots.org>



## TRANSITIONAL HOUSING

### Women at the Well Grace House

1243 Peace St. SE Salem, OR 97302  
971-600-3627

**Hours:** Monday-Friday 8am-5pm

**Resources:** Provide refuge, support, hope, and love in a Christ centered faith-based shelter

**Eligibility:** Single women without dependents

<http://womenatthewellgracehouse.com>

### Fostering Hope Initiative

#### Woodmansee Community

3737 Portland Rd. NE Salem, OR 97301  
503-385-3231

**Hours:** Monday-Friday 8am-5pm

**Resources:** Transitional housing for any gender.

**Eligibility:** Must meet Child Protective Services and Addictions criteria

<https://www.ccsww.org>

## TRANSITIONAL HOUSING

### Salem IHN\*

1055 Edgewater NW Salem, OR 97304  
503-370-9752

**Hours:** Monday-Friday 8am-5pm,  
Sunday 11am-5pm

**Resources:** Emergency shelter and case management, transitional housing

**Eligibility:** Homeless with children. No active drug or alcohol use.

<http://salemihn.org>

### Shelly's House

PO Box 13763 Salem, OR 97309  
503-588-8492

**Hours:** Monday-Friday 8am-5pm

**Resources:** Safe transitional housing for women. Peer support model.

**Eligibility:** Women supervised/referred by Marion Co. Corrections

<http://www.shellyshouse.org>

### St. Joseph Shelter

925 S. Main St. Mt. Angel, OR 97362  
503-845-6147

**Hours:** Monday-Friday 8am-5pm

**Resources:** Shelter, meals, clothing, case management, referrals

**Eligibility:** Family shelter, drug and alcohol free

<http://www.benedictine-srs.com>

### Salvation Army Lighthouse Shelter\*

1977 Front St. NE Salem, OR 97301  
503-585-6688

**Hours:** Monday-Friday 9am-12pm

**Resources:** Six month temporary housing.

**Eligibility:** Men and women. Almost always a waiting list. Call to get on list. No children.

<http://www.salem.krocenter.org>

### St. Francis Shelter

1820 Berry St. SE Salem, OR 97302  
503-588-0428

**Hours:** Monday-Thursday 10am-2pm

**Resources:** 1-2 bedroom transitional apartments

**Eligibility:** Homeless families, must search for permanent housing and complete court ordered programs

<http://sfssalem.org>

### Titus House

693 SW Church St. Dallas, OR 97338  
971-388-2780

**Hours:** Monday-Friday 8am-5pm

**Resources:** Low-cost transitional housing

**Eligibility:** Women with addictions

<https://www.facebook.com/Titus3House>

## CRISIS & LEGAL SERVICES

Crisis Lines

Domestic Violence & Abuse Services

Legal Assistance



## CRISIS LINES

### David Romprey Oregon Warmline\*

1-800-698-2392

**Hours:** M-F 9am-5pm

**Resources:** Free support line open to all Oregonians.

**Eligibility:** Open to all Oregonians.

<http://communitycounselingsolutions.org>

### National Suicide Prevention

#### Lifeline\*

1-800-273-8255

**Hours:** 24 Hours a day

**Resources:** Crisis Hotline

**Eligibility:** Open to anyone

<http://www.suicidepreventionlifeline.org>

### Psychiatric Crisis Center\*

503-585-4949

**Hours:** 24 Hours a day

**Resources:** Crisis Hotline

**Eligibility:** Open to anyone

<http://www.co.marion.or.us>

### Polk County Crisis Line\*

503-623-9289

**Hours:** M-F 8am-5pm

**Resources:** Support for anyone who is needing to speak with a crisis counselor.

**Eligibility:** Free regardless of insurance

### Northwest Human Services\*

503-581-5535

**Hours:** 24 hours a day

**Resources:** Crisis hotline, Food boxes and other resources available through line.

**Eligibility:** Open to anyone

<http://www.northwesthumanservices.org>

### Veterans Crisis Line\*

1-800-273-8255 then press 1

**Hours:** 24 Hours a day

**Resources:** Crisis Hotline

**Eligibility:** Active duty, Veterans, and their families.

[www.activeheros.org](http://www.activeheros.org)

## TRANSITIONAL HOUSING

### Fostering Hope Initiative

#### Father Taaffe Homes

3737 Portland Rd. NE Salem, OR 97301  
503-393-2843

**Hours:** Monday-Friday 8am-5pm

**Resources:** Shelter/basic amenities

**Eligibility:** Pregnant teens who wish to keep their babies

<https://www.ccsww.org>

### Grand Ronde Men's Transitional Living Center

9615 Grand Ronde Rd. Grand Ronde, OR  
503-879-1452

**Hours:** Monday-Friday 8am-5pm

**Resources:** Sober housing and life skill development

**Eligibility:** Grand Ronde Tribal members or parents of Tribal children who have completed drug and alcohol treatment or incarceration

[www.grandronde.org](http://www.grandronde.org)

### Restoration House

650 Locust St. NE Salem, OR 97301  
503-363-2805

**Hours:** Monday-Friday 8am-4pm

**Resources:** Residential facility serving those with legal histories

**Eligibility:** Serves people who are difficult to serve, focusing on those with legal histories.

### Polk Community Development Corp.\*

657 SW Main St. Dallas, OR 97338  
503-831-3173

**Hours:** Monday-Friday 8am-5pm

**Resources:** Low cost transitional housing options

**Eligibility:** Women, men with children, A&D aftercare, housing, working with DHS

### Grand Ronde Women's Transitional Living Center

9615 Grand Ronde Rd. Grand Ronde, OR  
503-879-2046

**Hours:** Monday-Friday 8am-5pm

**Resources:** Sober housing and life skill development

**Eligibility:** Grand Ronde Tribal members or parents of Tribal children who have completed drug and alcohol treatment or incarceration

[www.grandronde.org](http://www.grandronde.org)

### River of Life House

628 SE Jefferson St. Dallas, OR 97338  
503-569-5443

**Hours:** Monday-Friday 8am-5pm

**Resources:** Faith based transitional housing

**Eligibility:** Men recently release from incarceration. Must maintain sobriety.

<http://www.riveroflifehouse.com>



## HOUSING PROGRAMS

### ARCHES\*

1164 Madison St. NE Salem, OR 97301  
503-399-9080

**Hours:** Monday-Friday 8am-5pm

**Resources:** Tenant Based Housing Voucher Program

**Eligibility:** Must be homeless or at risk of becoming homeless

<http://www.mwvcaa.org>

### Salem Housing Authority\*

360 Church St. SE Salem OR, 97301  
503-588-6368

**Hours:** Monday-Friday 7:30am-4:30pm

**Resources:** Section-8 voucher, low income public housing

**Eligibility:** Income guidelines apply.

<http://www.cityofsalem.net/sha>

### West Valley Housing Authority\*

204 SW Walnut St. Dallas, OR 97338  
503-623-8387

**Hours:** Monday-Thursday 8am-4:30pm  
Closed for lunch from 12pm-1pm

**Resources:** Section-8 voucher, low income public housing

**Eligibility:** Income guidelines apply. Must provide proof of social security number

<http://www.wvpha.org>

### Polk Community Development Corp.\*

657 SW Main St. Dallas, OR 97338  
503-831-3173

**Hours:** Monday-Friday 8am-5pm

**Resources:** Low income housing, home ownership programs, home improvement.

**Eligibility:** Income limits apply

### Shangri-La\*

1661 Edgewater St. NW Salem, OR 97304  
503-967-6318

**Hours:** Monday-Friday 8am-4pm

**Resources:** designed to provide permanent housing assistance to people with disabilities who are homeless.

**Eligibility:** Have a documented disability, have no or limited income, be homeless, be referred by one of our community partners

<http://www.shangrilaoregon.org>



## DOMESTIC VIOLENCE & ABUSE SERVICES

### Abby's House (WOU)\*

Werner Center  
345 Monmouth Ave. N. Monmouth, OR  
503-838-8219

**Hours:** Hours vary with school year.

**Resources:** Domestic Violence, Gender Issues, STDs, Eating Disorders, etc.

**Eligibility:** All genders, primarily WOU

<http://www.wou.edu/abbyshouse>

### Center for Hope and Safety\*

605 Center St. NE Salem, OR 97301  
503-378-1572 or 503-399-7722

**Hours:** Monday-Friday 9am-5pm  
24 hour Crisis line

**Resources:** Extensive women's crisis/ Domestic Violence/ Shelter Services

**Eligibility:** All Domestic Violence survivors

<http://hopeandsafety.org>

### Department of Human Services\*

190 W. Ellendale Ave. Dallas, OR 97338  
503-623-5526

**Hours:** Monday-Friday 8am-5pm

**Resources:** Domestic Violence Grant

**Eligibility:** Screening Required

<http://www.oregon.gov/DHS>

### Adult Protective Services

1-800-846-9165

**Hours:** 24 hour crisis line

**Resources:** Hotline to report elderly abuse

**Eligibility:** All domestic violence survivors  
[www.sablehouse.org](http://www.sablehouse.org)

### Child Abuse Hotline\*

503-378-6704

**Hours:** Monday-24 hour Crisis line

**Resources:** Call to report concerns of child abuse or neglect.

### Grand Ronde Domestic & Sexual Violence Prevention Program

9615 Grand Ronde Rd. Grand Ronde, OR  
503-879-1660 or 971-832-0730

**Hours:** Monday-Friday 8am-5pm

**Resources:** Direct service advocacy, referrals, safety planning, 24hr crisis line, support groups, court and medical accompaniment

**Eligibility:** Grand Ronde Tribal members, community, and staff  
[www.grandronde.org](http://www.grandronde.org)

## DOMESTIC VIOLENCE & ABUSE SERVICES

### Henderson House\*

610 SE 1st St PO Box 26, McMinnville, OR  
503-472-1503

**Hours:** Mon-Fri 8am-5pm, 24 hour crisis line

**Resources:** Domestic Violence and Sexual  
Assault Survivor Meetings

**Eligibility:** Walk-In's Welcome  
[www.hendersonhouse.org](http://www.hendersonhouse.org)

### Liberty House\*

2685 4th Street NE Salem, OR 97301  
503-540-0288

**Hours:** Mon-Fri 8am-5pm

**Resources:** Child Sexual Assault Exams and  
Screenings

**Eligibility:** Children Sexual Assault  
[www.libertyhousecenter.org](http://www.libertyhousecenter.org)

### The Salvation Army\*

182 SW Academy St. Dallas, OR 97338  
503-623-9664

**Hours:** Monday-Friday 8am-5pm  
Closed for lunch from 12pm-1pm

**Resources:** Domestic Violence Grant

**Eligibility:** Screening Required  
<http://www.salem.kroccenter.org>

### Juliette's House

1075 SW Cedarwood Ave  
McMinnville, OR  
503-435-1550

**Hours:** Mon-Fri 8am-5pm

**Resources:** Child Abuse Exam and Screen-  
ings

**Eligibility:** Yamhill and Polk County Resi-  
dents  
[www.julietteshouse.org](http://www.julietteshouse.org)

### Sable House\*

289 E. Ellendale Ave. #701 Dallas, OR  
503-623-6703 or 503-623-4033

**Hours:** Mon-Thurs 9am-5pm, Fri 9am-3pm  
24 hour crisis line

**Resources:** Extensive women's crisis/  
Domestic Violence/ Shelter Services

**Eligibility:** All domestic violence survivors  
[www.sablehouse.org](http://www.sablehouse.org)

## HOMELESS SHELTERS & SERVICES

### Northwest Human Services HOST\*

1143 Liberty St. NE Salem, OR 97301  
503-588-5825

**Hours:** Sunday-Saturday 8am-10pm

**Resources:** Overnight shelter, drop-in  
center, meals, phone, computer, shower,  
clothing, etc.

**Eligibility:** Teens ages 18-24

[www.northwesthumanservices.org](http://www.northwesthumanservices.org)

### Salem IHN

1055 Edgewater NW Salem, OR 97304  
503-370-9752

**Hours:** Monday-Thursday 10am-2pm

**Resources:** Shelter and case management

**Eligibility:** Homeless with children. No  
active drug or alcohol use.

<http://salemihn.org>

### St. Joseph Shelter

925 S. Main St. Mt. Angel, OR 97362  
503-845-6147

**Hours:** Monday-Friday 8am-5pm

**Resources:** Shelter, meals, clothing, case  
management, referrals

**Eligibility:** Family shelter, drug and  
alcohol free.

<http://www.benedictine-srs.com>

### Restoration House

650 Locust St. NE Salem, OR 97301  
503-363-2805

**Hours:** Monday-Friday 8am-4pm

**Resources:** Residential facility serving those  
with legal histories

**Eligibility:** Focuses on those with legal  
histories.

### Simonka House

5119 River Rd. N. Keizer, OR 97303  
503-362-7487

**Hours:** Monday-Friday 8am-5pm

**Resources:** Emergency shelter, long term  
residential services, employment  
resources, mail, meals, etc.

**Eligibility:** Women and women with  
children

<https://www.ugmsalem.org>

### Union Gospel Mission\*

345 Commercial St. NE Salem, OR 97301  
503-362-3983

**Hours:** Monday-Friday 9am-5pm

**Resources:** Men's shelter, beds, showers,  
meals, mail, work referrals

**Eligibility:** Shelter for men only. Meals  
available for anyone.

<https://www.ugmsalem.org>



## HOMELESS SHELTERS & SERVICES

### ARCHES Day Shelter\*

1164 Madison St. NE Salem, OR 97301  
503-399-9080

**Hours:** Monday-Friday 8:30am-4:30pm

**Resources:** Day shelter, meals, showers, hygiene supplies, telephone, laundry, community mailbox.

**Eligibility:** Homeless or at-risk.

<http://www.mwvcaa.org>

### Dallas Community Resource Center\*

182 SW Academy St. Dallas, OR 97338  
503-623-8429

**Hours:** Monday-Friday 8am-5pm

**Resources:** Emergency Solutions Grant

**Eligibility:** Homeless families or individuals.  
Requires outside verification

### CAA HOME Youth Resource Center\*

625 Union St. NE Salem, OR 97301  
503-391-6428

**Hours:** Monday-Friday 12pm-7pm ,  
Including Holidays

**Resources:** Street outreach, resource assistance, referrals, peer groups, runaway services, job training, meals, etc.

**Eligibility:** Amy youth ages 11-17, 18 if in school/ GED program

<http://www.mwvcaa.org>

### Central Community Resource Center\*

1610 Monmouth St. Independence, OR  
503-606-2310

**Hours:** Thursdays 8am-5pm

**Resources:** Emergency Solutions Grant

**Eligibility:** Homeless families or individuals.  
Requires outside verification

### Dream Center

PO Box 5976 Salem, OR 97304  
971-599-3166

**Hours:** Monday-Friday 8am-5pm

**Resources:** Help with ID, employment, SSI/SSD, housing, meals

**Eligibility:** Homeless or at risk

<http://salemdreamcenter.org>

### Northwest Human Services HOAP\*

694 Church St. NE Salem, OR 97301  
503-588-5827

**Hours:** Monday-Friday 9am-2pm

**Resources:** Medical transportation, advocacy, outreach, peer support, meals, laundry, clothing, outings, groups, etc.

**Eligibility:** Mentally Ill, Homeless adults

[www.northwesthumanservices.org](http://www.northwesthumanservices.org)

## LEGAL ASSISTANCE

### Community Mediation Services

320 Fir Villa Rd. Dallas, OR 97338  
503-623-3111

**Hours:** Monday-Friday 8am-5pm

**Resources:** Victim offender mediation, community family mediation.

**Eligibility:** Call for appointment

<http://www.vorpcms.org>

### Marion-Polk Legal Aid\*

105 High St. SE Salem, OR 97301  
503-581-5265

**Hours:** Mon-Thurs 8:30am-5pm  
Friday 8:30am-12pm

**Resources:** Family Law, Housing, Public Benefits

**Eligibility:** Intakes Tuesday 9am-11am

<http://oregonlawhelp.org>

### Law Office of Chris Lillegard

236 SW Mill St. Dallas, OR 97338  
503-623-6676

**Hours:** Monday-Friday 9am-5pm  
Closed from 12pm-1pm for Lunch

**Resources:** Free 1 hour Consultation

**Eligibility:** Call for appointment

<http://www.lillegardlaw.com>

### Polk County Family Law Facilitation

850 Main St. Dallas, OR 97338  
503-623-3154 ext. 1273

**Hours:** Wednesdays 9:15am

**Resources:** Will review completed family law forms.

**Eligibility:** MUST be checked in by 9am to be seen that day. Paperwork must be filled out ahead of time.



# HOUSING & HOMELESS SERVICES

Homeless Shelters & Services

Housing Programs

Transitional Housing





#### Health and Dental Discount Programs

Disclosures: The discount health, dental, medical, and drug benefits of this Plan (The Plan) are NOT insurance, a health insurance policy or a Medicare Prescription Drug Plan. The Plan provides discounts for certain medical and dental services, pharmaceutical supplies, prescription drugs or medical equipment and supplies offered by providers who have agreed to participate in The Plan. The range of discounts for medical, pharmacy or ancillary services offered under The Plan will vary depending on the type of provider and products or services received. The Plan does not make and is prohibited from making members' payments to providers for products or services received under The Plan. The Plan member is required and obligated to pay for all discounted prescription drugs, medical and pharmaceutical supplies, services and equipment received under The Plan, but will receive a discount on certain identified medical, pharmaceutical supplies, prescription drugs, medical equipment and supplies from providers in The Plan.

#### MEMBER:

Prescriptions: Call toll-free 1-877-321-2652 or visit us online at [www.nacorx.org](http://www.nacorx.org).

#### PHARMACIST:

The RxPCN, RxGRP, full ID, and an O1 person code must be submitted online to CVS/caremark to process claims for this program.

The Discount Medical Plan Organization is Alliance HealthCard of Florida, Inc., P.O. Box 630858, Irving, TX 75063. You may call 1-877-573-2395 for more information or visit [www.NACOHealth.org](http://www.NACOHealth.org) for a list of providers. The Plan will make available before purchase and upon request, a list of program providers and the providers' city, state and specialty, located in the member's service area. The fees for The Plan are specified in the membership agreement. The Plan includes a 30-day cancellation provision. Note to MA consumers: The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under M.G.L.c.111M and 956 CMR 5.00.

#### Prescription Discount Program

This is NOT insurance. Discounts are only available at participating pharmacies. By using this card, you agree to pay the entire prescription cost less any applicable discount. Savings may vary by drug and by pharmacy. Savings are based on actual 2012 drug purchases for all drug discount card programs administered by CVS/caremark located in Woonsocket, RI. The program administrator may obtain fees or rebates from manufacturers and/or pharmacies based on your prescription drug purchases. These fees or rebates may be retained by the program administrator or shared with you and/or your pharmacy. Prescription claims through this program will not be eligible for reimbursement through Medicaid, Medicare or any other government program. This program does not guarantee the quality of the services or products offered by individual providers. We do not sell your personal information. Call the member toll-free number on the back of your ID card to file a complaint related to this program. Note to Texas Consumers: You may contact the Texas Department of Insurance if you remain dissatisfied after completing this program's complaint process.

\*Average savings 24%. Savings may vary by drug and by pharmacy.  
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## PRESCRIPTION, HEALTH & DENTAL DISCOUNTS FOR COUNTY RESIDENTS

### FREE PRESCRIPTION DISCOUNT PROGRAM

Use this FREE Prescription Discount card today!

PRESCRIPTION DISCOUNT CARD

Polk County, OR 

RxBIN: 004336      RxGRP: RXPOLOR  
RxPCN: ADV      Issuer: (80840)  
ID: CUH16698501

This is NOT insurance. 

- Provides an average of 24%\* savings off the retail price of your prescription medicines
- Good at 68,000 retail pharmacies nationwide
- Discounts are for county residents and their pets

For more info and to find a pharmacy go to [www.nacorx.org](http://www.nacorx.org) or call toll-free 1-877-321-2652

#### MORE SAVINGS CHOICES!

Discount Programs with low-fee memberships:

#### LOW-FEE HEALTH DISCOUNT PROGRAM

- Provides residents with discounts on vision, hearing, diabetes supplies and more
- Savings range from 20% to 75%; providers nationwide

#### LOW-FEE DENTAL DISCOUNT PROGRAM

- Provides residents with discounts on check-ups, fillings, crowns, x-rays and more
- Savings range from 15% to 50%; providers nationwide

For more info on HEALTH and DENTAL discounts go to [www.nacohealth.org](http://www.nacohealth.org) or call toll-free 1-877-573-2395

## EDUCATION & JOB READINESS

Adult Education  
Job Readiness  
School Districts



## ADULT EDUCATION

### Chemeketa Community College\*

1340 SE Holman Ave. Dallas, OR 97338  
503-623-5567

**Hours:** Monday-Friday 8am-5pm

**Resources:** GED Classes and testing.  
Classes offered in English and Spanish.

**Eligibility:** Testing and class fee required.

<http://www.chemeketa.edu>

### Oregon Migrant Education Program\*

2611 Pringle Rd. SE Salem, OR 97302  
503-588-5330

**Hours:** Monday-Friday 8am-5pm

**Resources:** Address unique needs and  
access services for migrant families.

**Eligibility:** Children of migrant families.  
Must have moved in last 3 years.

<http://www.wesd.org/omesc>

### WorkSource Oregon

580 Main St. SE Ste. B Dallas, OR 97338  
503-831-1950

**Hours:** Monday-Friday 8am-5pm

**Resources:** GED Readiness Program

**Eligibility:** Free after registering with WSOR

<http://www.worksourceoregon.org>

### Mid-Valley Literacy Center\*

1850 45th St. NE Salem, OR 97305  
503-463-1488

**Hours:** Monday-Friday 8am-5pm

**Resources:** Language and literacy classes.

**Eligibility:** Class fees, text and workbook  
expenses.

<http://www.midvalleyliteracycenter.org>

### UGM Learning Center

345 Commercial St. NE Salem, OR 97301  
503-362-3983

**Hours:** Monday-Friday 8am-5pm

**Resources:** GED prep, academic skill  
tutoring.

**Eligibility:** Must be enrolled in New Life  
Fellowship program.

<https://www.ugmsalem.org>



## VISION

### Central Lions Club

PO Box 101, Independence OR.  
503-838-2416

**Hours:** Monday 12-1pm

**Resources:** Vision assistance

**Eligibility:** Depends on availability of funds

<http://www.e-clubhouse.org>

### Salvation Army\*

182 SW Academy St. #220 Dallas OR.  
503-623-9664 ext. 2481

**Hours:** Tu/Th 8am-5pm

**Resources:** Vouchers for eye care

**Eligibility:** Anyone in need

<http://www.salem.kroccenter.org>

### Dallas Lions Club

Meets at Hong Kong Restaurant in Dallas  
503-931-9860

**Hours:** 1st Thursday of each month  
11:30am-12:30m

**Resources:** Eye health care

**Eligibility:** Adults/Children. Depends on  
availability of funds

<http://www.e-clubhouse.org>





## SENIOR & DISABILITY SERVICES

### Aging & Disability Resource Connection\*

503-304-3420  
866-206-4799

**Hours:** Monday-Friday 8am-5pm

**Resources:** Can help you learn about local public and privately paid options.

**Eligibility:** Resource for everyone, regardless of income level

<https://www.adrcoforegon>

### Dallas Senior Center\*

955 SE Jefferson St. Dallas, OR 97338  
503-623-8554

**Hours:** Monday-Friday 8am-4:30pm

**Resources:** To improve the quality of life for all senior citizens in the greater Dallas area.

**Eligibility:** Dallas Residents

<http://www.ci.dallas.or.us>

### Northwest Senior and Disability\*

260 Kings Valley Hwy Dallas, OR 97338  
503-831-0581

**Hours:** Monday-Friday 8am-5pm

**Resources:** Free or low-cost services to seniors and people with disabilities and their family caregivers, senior peer support.

**Eligibility:** Residents in Clatsop, Marion, Polk, Tillamook and Yamhill counties

<http://www.nwsds.org>

### Alzheimer's Association Oregon

2615 Portland Rd. NE Salem, OR 97301  
800-272-3900

**Hours:** Mon 8:30am-5pm, Tues/Thurs 8:30am-1pm, Wed/Fri by appointment

**Resources:** Alzheimer's and dementia care and support, education, and resources.

**Eligibility:** Open to everyone

<http://www.alz.org/oregon/>

### Monmouth Senior Center

180 Warren St. S. Monmouth, OR 97361  
503-838-5687

**Hours:** Monday-Friday 9am-4pm

**Resources:** Classes, activities, and trips as well as services and resources that meet the needs of those 55 and older.

**Eligibility:** Monmouth residents

<http://www.ci.monmouth.or.us>

### Social Security Administration

1750 McGilchrist St. SE #110 Salem, OR  
800-772-1213

**Hours:** Monday-Friday 8am-5pm

**Resources:** Social Security Disability, Supplemental Security Income, Medicare.

**Eligibility:** Must go through Social Security intake process.

<https://www.ssa.gov>

## JOB READINESS

### DHS Vocational Rehabilitation\*

1701 Liberty St. SE Salem, OR 97302  
503-378-2483

**Hours:** Monday-Friday 8am-5pm

**Resources:** Vocational counseling, goal setting, skill evaluation, job training, etc.

**Eligibility:** Verified physical/mental disability that prevents finding a job.

<http://www.oregon.gov>

### Shangri-La\*

1661 Edgewater St. NW Salem, OR 97304  
503-967-6318

**Hours:** Monday-Friday 8am-4pm

**Resources:** Partners with DHS "Jobs" program. Job skills training, assistance with barriers to employment.

**Eligibility:** Must be on TANF. Referred by DHS Caseworker.

<http://www.shangrilaoregon.org>

### WorkSource Oregon\*

580 Main St. SE Ste. B Dallas, OR 97338  
503-831-1950

**Hours:** Monday-Friday 8am-5pm

**Resources:** Job Growers program

**Eligibility:** Free after registering with WSOR.

<http://www.worksourceoregon.org>

### Goodwill Job Connection

315 Orchard Dr. Dallas, OR 97338  
503-831-7013 or 503-831-7012

**Hours:** Monday– Friday 8am-4:30pm

**Resources:** Job search, resume assistance, mock interviews, clothing, etc.

**Eligibility:** Anyone 16 years and older.

<http://goodwilljobconnection.org>

### UGM Employment & Career Services

345 Commercial St. NE Salem, OR 97301  
503-362-3983

**Hours:** Monday-Friday 8am-5pm

**Resources:** Job readiness prep, assistance with job search, resume and interviews, etc.

**Eligibility:** Must be enrolled in New Life Fellowship program.

<https://www.ugmsalem.org>





## SCHOOL DISTRICTS

### Central School District\*

750 S. 5th St. Independence, OR 97351  
503-606-2201

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Monmouth/Independence and surrounding areas.

<http://www.central.k12.or.us>

### Falls City School District

111 N. Main St. Falls City, OR 97334  
503-787-3521

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Falls City

<http://www.fallscityschools.org>

### Salem-Keizer School District\*

2450 Lancaster Dr. NE Salem, OR 97305  
503-399-3000

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Salem/Keizer and surrounding areas

<http://www.salkeiz.k12.or.us>

### Dallas School District\*

111 SW Ash St. Dallas, OR 97338  
503-623-8336

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Dallas and surrounding area.

<http://www.dallas.k12.or.us>

### Perrydale School District\*

7445 Perrydale Rd. Amity, OR 97101  
503-623-2040

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Perrydale and surrounding area.

<http://www.perrydale.k12.or.us>

### Willamina School District\*

1100 NE Oaken Hills Dr. #A Willamina, OR  
503-876-2542

**Hours:** Monday-Friday 8am-5pm

**Resources:** District office, K-12 Education

**Eligibility:** Willamina/ Grand Ronde and surrounding areas

<http://www.willamina.k12.or.us>

## MENTAL HEALTH & ADDICTIONS SERVICES

### Options Counseling\*

2645 Portland Rd. NE #120 Salem OR.  
503-390-5637

**Hours:** Monday-Friday 8am-5pm

**Resources:** Behavioral health, domestic violence program, parenting classes

**Eligibility:** Accepts OHP and private pay

[www.options.org](http://www.options.org)

### Polk County Behavioral Health & Addiction Services-Dallas\*

182 SW Academy St. #333 Dallas, OR.  
503-623-9289

**Hours:** Monday-Friday 8am-5pm

**Resources:** Adult/child outpatient therapy, WRAP-around services, crisis Services.

**Eligibility:** Must have OHP, sliding fee available.

<http://www.co.polk.or.us/bh>

### Fostering Hope Initiative

#### Safe Families for Children

3737 Portland Rd NE,  
Salem, Oregon 97301

503-580-4672

**Hours:** Monday-Friday 8am-5pm

**Resources:** Safety placement for children

**Eligibility:** No cost to families with children

<https://www.ccsww.org>

### Polk County Behavioral Health & Addiction Services– Central\*

1601 Monmouth St. Independence, OR  
503-623-9289

**Hours:** Monday-Friday 8am-5pm

**Resources:** Adult/child outpatient therapy, WRAP-around services, crisis services.

**Eligibility:** Must have OHP, sliding fee available.

<http://www.co.polk.or.us/bh>

### Polk County Behavioral Health & Addiction Services-West Salem\*

1520 Plaza St. NW. Salem, OR 97305  
503-585-3012

**Hours:** Monday-Friday 8am-5pm

**Resources:** Adult/child outpatient therapy, WRAP-around services, crisis services.

**Eligibility:** Must have OHP, sliding fee available.

<http://www.co.polk.or.us/bh>

### Fostering Hope Initiative

#### Woodmansee Community

P.O. Box 20400, Salem OR. 97307  
503-385-3231

**Hours:** Residential specialist on site 24 hours a day

**Resources:** Intensive wrap-around services.

**Eligibility:** Must be referred by DHS case worker.

<https://www.ccsww.org>

## MENTAL HEALTH & ADDICTIONS SERVICES

### **Alcoholics Anonymous\***

687 Cottage St. NE Salem OR.  
503-399-0599

**Hours:** Schedule at [www.aa-salem.com](http://www.aa-salem.com)

**Resources:** Peer support with maintenance of sobriety.

**Eligibility:** Anyone

<http://www.aa-salem.com>

### **Clear Paths**

3793 River Rd. N., Keizer OR.  
503-304-7002

**Hours:** Monday-Friday 8am-5pm

**Resources:** AD Program

**Eligibility:** OHP & private insurance

<http://www.c-paths.com>

### **Methadone Tx & Maintenance\***

2035 Davcor SE., Salem OR.  
503-588-5358

**Hours:** Monday-Friday 8am-5pm

**Resources:** Outpatient substance treatment and therapies.

**Eligibility:** Call to determine eligibility and availability of services.

[www.interventionamerica.org](http://www.interventionamerica.org)

### **Bridgeway Recovery Services \***

P.O. Box 17818, Salem OR.  
503-363-2021

**Hours:** M-F 8am-8pm, Sat. 9am-2:30pm

**Resources:** Residential and outpatient MH, AD, DUII and gambling treatment.

**Eligibility:** OHP and private insurances accepted. Sliding scale.

<http://www.bridgewayrecovery.com>

### **Liberty House Center**

2685 4th St NE, Salem, OR 97301  
503-540-0288

**Hours:** Monday-Friday 8am-5pm

**Resources:** Child abuse assessment center.

**Eligibility:** Children 0-18 years referred due to concerns about abuse.

<http://www.libertyhousecenter.org>

### **Narcotics Anonymous\***

P.O. Box 17525 Salem OR. 97305  
503-990-0861

**Hours:** 24-hr help line. Schedule varies.

**Resources:** Peer support of sobriety

**Eligibility:** Anyone

<http://www.mwvana.org>

## FAMILY ENGAGEMENT

**Early Learning**  
**Family Activities**  
**Family Support**  
**Parent Education**



## EARLY LEARNING

### Child Care Resource & Referral\*

2475 Center St. NE Salem, Oregon  
503-585-2491

**Hours:** Monday-Friday 8am-5pm

**Resources:** Provide training and connections with child care providers.

**Eligibility:** Open to all

<http://www.mwvcaa.org>

### Grand Ronde Head Start Preschool

9615 Grand Ronde Rd. Grand Ronde, OR  
503-879-2287

**Hours:** Monday-Friday 8am-2pm

**Resources:** Early childhood education and family support

**Eligibility:** Low income Grand Ronde residents and low income Native Americans residing in Willamina or Sheridan

### Willamette ESD\*

958 Church St. E. Monmouth, OR 97361  
503-376-7421

**Hours:** Monday-Friday 8am-5pm

**Resources:** Early intervention, early childhood special education

**Eligibility:** Diagnosed developmental or learning disability required

<http://www.wesd.org>

### Community Action Agency

#### Head Start\*

2475 Center St. NE Salem, OR 97301  
503-581-1152

**Hours:** Monday-Friday 8am-5pm

**Resources:** Early Head Start, Headstart

**Eligibility:** Available to residents of Marion and Polk Counties.

<http://www.mwvcaa.org>

### Oregon Child Development

#### Coalition\*

535 G St. Independence, OR 97351  
503-838-2745

**Hours:** Monday-Friday 8am-4:30pm

**Resources:** Early Head Start, Head Start, Migrant Family programs

**Eligibility:** Income limits, and agricultural income requirements

<http://www.ocdc.net>

### 211 Family Info\*

211

**Hours:** Monday-Friday 8am-5pm

**Resources:** Child care referrals and resource connections for parents of young children

**Eligibility:** Open to all

<http://211info.org/family/>

## MEDICAL

### Medical Foundation of Marion-Polk Counties\*

4985 Battle Creek Rd. NE Salem, OR 97302  
503-362-9669

**Hours:** Monday-Thursday 8:30am-5pm,  
Friday 8:30-3pm

**Resources:** Project Access, Med-Assist, Women's Health Clinic, Moms Plus Program

**Eligibility:** varies per program, Call for more information

<http://www.mpmmedicalfoundation.org>

### Salem Health Financial Assistance\*

550 Hawthorne Ave SE Suite 200 Salem, OR  
503-561-5150

**Hours:** Monday-Friday 8am-5pm

**Resources:** Eligibility screening, enrollment assistance, payment arrangements, need based discounts

**Eligibility:** uninsured/underinsured  
[www.salemhealth.org](http://www.salemhealth.org)

### Total Community Health Clinic\*

180 Atwater St. N. Monmouth, OR 97361  
503-606-3288

**Hours:** Monday-Friday 8:15am-5pm

**Resources:** Primary Care Services

**Eligibility:** Serves Patients with OHP, Medicare, private insurance, and no insurance

<http://www.northwesthumanservices.org>

### Salem Free Clinics\*

1300 Broadway NE, #104, Salem, OR.  
503-990-8772

**Hours:** Appt. only.

**Resources:** Patients who are sick

**Eligibility:** Uninsured/underinsured

<http://www.salemfreeclinics.org>

### Salud Medical\*

1175 Mt. Hood Ave., Woodburn, OR.  
503-982-2010

**Hours:** Monday-Friday 7:30am-5pm

**Resources:** Primary Care Services

**Eligibility:** Adults & Children, must have Capital Ins.

<http://www.yvfwc.com>

### Willamette Valley Hospice\*

1015 3rd St. NW, Salem, OR.  
503-588-3600

**Hours:** Monday-Friday 8am-5pm

**Resources:** Information involving all matters around death, dying and terminal diagnosis, free grief support for adults and children.

**Eligibility:** Medicare, Medicaid, private ins. And those uninsured.

<http://www.wvh.org>

## MEDICAL

### American Red Cross\*

675 Orchard Heights Rd. Salem, OR.  
503-585-5414

**Hours:** Monday-Friday 8am-5pm

**Resources:** Emergency resources following a disaster, education, blood donation

**Eligibility:** Available to anyone affected by disaster.

<http://www.redcross.org>

### Grand Ronde Tribal Clinic

9605 Grand Ronde Rd. Grand Ronde, OR.  
503-879-2078

**Hours:** Monday-Friday 8am-5pm

**Resources:** all levels of primary care, referrals, patient education, family planning, and preventative services

**Eligibility:** Those who are connected to the Grand Ronde Tribe

<http://www.grandronde.org>

### Polk Community Free Clinic\*

320 Fir Villa, Dallas, OR. 97338  
503-990-8772

**Hours:** 1st & 4th Saturdays of the month, 9am-12pm, pts start lining up at 7:30am

**Resources:** Patients who are sick

**Eligibility:** Uninsured/underinsured

<http://www.salemfreeclinics.org/>

### Central Health & Wellness Center\*

1601 Monmouth St. Independence, OR  
503-838-0045

**Hours:** Monday-Friday 8am-6:30pm

**Resources:** We offer full medical, dental services as well as mental/behavioral health & more.

**Eligibility:** No student is denied services because of inability to pay

[www.centralhealthandwellnesscenter.org](http://www.centralhealthandwellnesscenter.org)

### Northwest Human Services\*

1233 Edgewater St. NW, Salem, OR.  
503-378-7526

**Hours:** Monday-Friday 7am-6pm,  
Sat. 8:15-5pm

**Resources:** Primary Care Services

**Eligibility:** Serves Patients with OHP, Medicare, private insurance, and no insurance

<http://www.northwesthumanservices.org>

### Polk County Public Health\*

182 SW Academy St. 302 Dallas, OR. 97338  
503-623-8175

**Hours:** Monday-Friday 8am-5pm

**Resources:** WIC, Home visiting for children and pregnant women, Communicable disease screening and prevention, Family Planning, HIV Case Management, Immunizations

**Eligibility:** Varies depending on program

<http://www.co.polk.or.us/ph>

## FAMILY ACTIVITIES

### Creating Opportunities

124 SW Walnut Avenue Dallas, OR 97338  
503-559-0424

**Hours:** Call for appointment

**Resources:** Provide support for families of children with disabilities or suspected disabilities.

**Eligibility:** Open to Marion, Polk and Yamhill County residents

<http://www.creatingops.org>

### Dallas Public Library\*

950 Main St. Dallas, OR 97338  
503-623-2633

**Hours:** M/TH/F 11am-5pm,  
Tu/W 11am-7pm, Sat. 11am-3pm

**Resources:** Reading materials, DVDs, audio books

**Eligibility:** Open to all people

<http://www.ci.dallas.or.us>

### Kids Inc.

976 SW Hayter St. Dallas, OR 97338  
503-623-6419

**Hours:** T/W/TH 9am-2pm

**Resources:** Youth Sports

**Eligibility:** Open to all

<http://www.dallaskidsinc.org>

### Dallas Aquatic Center

1005 SE LaCreole Dr. Dallas, OR 97338  
503-623-9715

**Hours:** Call for Hours

**Resources:** Classes for seniors and youth

**Eligibility:** Open to public

<http://www.ci.dallas.or.us>

### Independence Public Library\*

175 Monmouth St. Independence, OR 97351  
503-838-1811

**Hours:** M/TH 10am-7pm,  
Tu/W/F 10am-5pm, Sat. 10am-5pm

**Resources:** Reading resources

**Eligibility:** Open to all

<http://www.ci.independence.or.us>

### Kroc Center\*

1865 Bill Frey Dr. NE Salem, OR 97301  
503-566-5762

**Hours:** M-F 5:30am-10pm

**Resources:** Recreation

**Eligibility:** Memberships or day passes, scholarships available

<http://www.salem.kroccenter.org>



## FAMILY ACTIVITIES

### Monmouth/Independence YMCA\*

301 S. Main St. Independence, OR 97351  
503-838-4042

**Hours:** M-F 9:30am-5:30pm

**Resources:** Fitness, aquatics, sports, dance, childcare, after-school programs

**Eligibility:** Membership, scholarships available

<http://theyonline.org>

### Salem Dream Center\*

1075 8th St. NW Salem OR 97304  
971-599-3166

**Hours:** Sat. 10am-12pm

**Resources:** Service learning, sharing of talents.

**Eligibility:** Available to kids and adults in the area

<http://salemdreamcenter.org>

### West Salem Boys & Girls Club

925 Gerth St. NW Salem OR 97304  
503-428-0285

**Hours:** M-F 2:30pm-6:30

**Resources:** Varied activities

**Eligibility:** Assistance available

<http://bgc-salem.org>

### Monmouth Public Library\*

168 Ecols St. S. Monmouth, OR  
503-838-1932

**Hours:** Tu/TH 10am-8pm, F 10am-6pm, Sat. 10am-5pm, Closed Sun/M

**Resources:** Reading materials

**Eligibility:** Open to the public

<http://www.ci.monmouth.or.us>

### Salem Public Library\*

585 Liberty St. SE Salem OR 97301  
503-588-6060

**Hours:** M-F 10am-6pm, Sat. 1pm-5pm

**Resources:** Reading materials

**Eligibility:** Open to the public

<http://www.cityofsalem.net>

### West Salem Public Library\*

395 Glen Creek Rd. NW Salem OR 97304  
503-588-6301

**Hours:** Mon 10am-5pm, Tue-Wed 12-pm-6pm, Fri-Sat 2pm-6pm

**Resources:** Reading materials

**Eligibility:** Open to the public

<http://www.cityofsalem.net>

## DENTAL

### Salem/Dallas Free Clinics \*

1300 Broadway NE #104 Salem OR  
503-990-8772

**Hours:** Appointments only

**Resources:** Free dental care: extractions only

**Eligibility:** No ins. Needed. 2nd weekend of the month

<http://www.salemfreesclinics.org>

### West Salem Dental Clinic (NWHs)\*

190 Kingwood Ave. NW, Salem OR.  
503-378-7526

**Hours:** Monday-Thursday 7am-5:30pm

**Resources:** Full-service dental

**Eligibility:** Serves Pts with OHP, Medicare and private ins. Sliding scale options.

[www.northwesthumanservices.org](http://www.northwesthumanservices.org)

### Salud Medical Center\*

1175 Mt. Hood Ave., Woodburn OR.  
503-982-2010

**Hours:** By appt. Monday-Friday 7:30am-5pm; Emergencies only at 7:30am

**Resources:** Dental treatment

**Eligibility:** Serves adults and children. Sliding scale available.

[www.yvfwc.com](http://www.yvfwc.com)

### Virginia Garcia Clinics\*

412 NE Ford ST., McMinnville OR.  
971-281-3000

**Hours:** Monday-Thursday 8am-7pm

**Resources:** Comprehensive dental care. School based dental van.

**Eligibility:** Children 0-21, also serves OB and diabetes pts seen already by medical staff.

<http://www.freedentalcare.us>



## DENTAL

### Boys & Girls Club\*

1395 Summer St. NE Salem OR.  
503-581-7383

**Hours:** See local branch hours on website

**Resources:** Dental Treatment

**Eligibility:** Low-income/uninsured students, grades 1-12.

<http://bgc-salem.org>

### Dental Lifeline

P. O. Box 690, Wilsonville, OR 97070  
503-594-0837

**Hours:** Text

**Resources:** Volunteer dentists provide dental care at little –no cost.

**Eligibility:** Disabled, elderly, medically fragile AND lack adequate income to pay for care.

<http://dentallifeline.org/oregon>

### Gentle Dental

244 E. Ellendale, Ste. 4, Dallas OR. 97338  
503-831-9623

**Hours:** Monday-Friday 8am-5pm

**Resources:** Dental treatment

**Eligibility:** Accepts OHP; both children and adults

<http://www.gentledentaldallas.com>

### Central Health & Wellness Center\*

1601 Monmouth St. Independence, OR  
503-838-0045

**Hours:** Monday-Friday 8am-6:30pm

**Resources:** We offer full medical, dental services as well as mental/behavioral health & more.

**Eligibility:** No student is denied services because of inability to pay

[www.centralhealthandwellnesscenter.org](http://www.centralhealthandwellnesscenter.org)

### Smile Keepers Urgent Care

1880 Lancaster Dr. NE, #104 Salem OR.  
503-433-3540

**Hours:** Monday-Thursday 8am-5pm,  
Friday-Saturday 8am-4pm

**Resources:** Full-service dental

**Eligibility:** Various financing plans.

[www.smilekeepersalemlancaster.com](http://www.smilekeepersalemlancaster.com)

### Grand Ronde Tribal Clinic

9605 Grand Ronde Rd. Grand Ronde, OR.  
503-879-2078

**Hours:** Monday-Friday 8am-5pm

**Resources:** Dental treatment

**Eligibility:** Those who are connected to the Grand Ronde Tribe

<http://www.grandronde.org>

## FAMILY SUPPORT

### Fostering Hope Initiative

#### Safe Families for Children

3737 Portland Rd. NE Salem, OR 97307  
503-580-4672

**Hours:** M-F 8am-5pm

**Resources:** Support for Parents in crisis and safe places for children.

**Eligibility:** Residents of Marion, Polk and Yamhill Counties

<http://safe-families.org>

### Family Building Blocks\*

182 SW Academy St. Dallas, OR 97338  
503-623-9664

**Hours:** M-F 8am-5pm

**Resources:** Parenting classes/assistance

**Eligibility:** Provides early intervention to families struggling in difficult times

<http://www.familybuildingblocks.org>

### Polk Partners In-Home Referral\*

182 SW Academy #302 Dallas OR 97338  
503-623-8175

**Hours:** M-F 8am-5pm

**Resources:** In-Home support services

**Eligibility:** Serving pregnant women or families parenting early childhood kids.

<http://www.co.polk.or.us>

### Department of Human Services\*

190 W. Ellendale Ave. Dallas, OR 97338  
503-623-5526

**Hours:** Monday-Friday 8am-5pm

**Resources:** Cash Assistance, Jobs Program, Child Care assistance and Child Welfare

**Eligibility:** Intake Required

<http://www.oregon.gov/DHS>

### Oregon Family Support Network

565 SE LaCreole Dr. Dallas OR 97338  
503-929-0011

**Hours:** 3rd T of month, 5:30-7:30pm

**Resources:** Families helping other families

**Eligibility:** Families raising child/youth with physical, mental and emotional challenges

<http://ofsn.org>

### WVP MOMS

2995 Ryan Dr. SE Salem, OR 97301  
503-371-7701

**Hours:** Hours vary

**Resources:** Comprehensive program focuses on those with substance abuse

**Eligibility:** Pregnant women at risk for substance abuse

<http://www.wvphealthauthority.org>

## PARENT EDUCATION

### Chemeketa Community College\*

1340 SE Holman Ave.  
503-399-6562

**Hours:** M-TH 8am-7:30pm,  
Friday 8am-1pm

**Resources:** Parenting Classes

**Eligibility:** Available to all

<http://www.chemeketa.edu>

### Mid-Valley Parenting\*

182 SW Academy St. Dallas, OR 97338  
503-623-9664

**Hours:** Monday-Friday 8am-5pm

**Resources:** Parent Education

**Eligibility:** Open to all.

[midvalleyparenting.org](http://midvalleyparenting.org)

### Salem CHEC\*

939 Oak St. SE Salem, OR 97302  
503-814-2432

**Hours:** Monday-Friday 9am-6pm

**Resources:** Community based parenting support groups and in home parent support

**Eligibility:** Open to Everyone

<http://www.salemhealth.org>

### Family Building Blocks\*

182 SW Academy St. Dallas, OR 97338  
503-623-9664

**Hours:** M-F 8am-5pm

**Resources:** Parenting classes/assistance

**Eligibility:** Provides early intervention to families struggling in difficult times

<http://www.familybuildingblocks.org>

### Options Counseling\*

2645 Portland Rd. NE #120 Salem OR  
503-390-5637

**Hours:** Monday-Friday 8am-5pm

**Resources:** Community based parenting classes

**Eligibility:** OHP accepted

<http://options.org>



## Health & Wellness

**Dental**  
**Medical**  
**Mental Health & Addictions Services**  
**Vision**

