## POLK COUNTY FAMILY & COMMUNITY OUTREACH

## FALLS CITY

HEALTHCARE ACCESS AND
BARRIERS SURVEY

Funded Through a Grant from
The Willamette Health Council
Salem, Oregon





### Survey Overview

Polk County's Family & Community Outreach Department received a grant to survey Falls City area residents about their health and wellness needs and barriers.

- \$24,500 Willamette Health Council Grant
- Digital and paper survey options
- 24 questions 91 data points
- October 17th-December 17th
- Incentives provided



### Project Goals

#### OUR PROJECT HAD TWO MAIN GOALS:



GOAL 1:

To determ ine the family and community health care utilization and needs/barriers



GOAL 2:

To identify potential a venues and the necessary resources to meet those needs, including the viability of telemedicine and mobile health options







May/ June 2022

Ne eds/concern discussions begin



September 2022 Willamette Health Council grant funded



September/October 2022 Survey created



October 2022 Survey initiated Outreach began



December 2022 Survey concluded



January 2023 Incentives delivered



February 2023
Data analyzed and reports compiled

#### Workgroup Roles

- Project outline
- Budget development
- Research health service models
- Develop survey
- Develop outreach materials

- Conduct outreach
- Initiate survey
- Send/deliver incentives
- Data consolidation
- Compile reports



Brent De Moe FCO Director



Dave Guile Consultant



Annie Owen Prevention Coordinator



Abby Warren Prevention Supervisor



Amber Kramer Anna Burgess Service Integration Coordinator



OHSU School of Nursing



Arely Nunez OHSU School of Nursing



Dana Goodale School Based Mental Health Supervisor



SHARE YOUR VOICE AND SHAPE THE FUTURE OF FALLS CITY

THE DATA COLLECTED IN THIS SURVEY WILL BE USED TO TO HE FALLS CITY COMMUNITY!

BRING HEALTHCARE OPTIONS TO THE FALLS CITY COMMUNITY!

TAKE THE SURVEY

PARTICIPANTS HILL ALSO BE ENTERED TO MIN 10 F 10

RAFFLE DRAININGS VALUED AT \$400!

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RAFFLE DRAININGS VALUED AT \$400!

SCAN

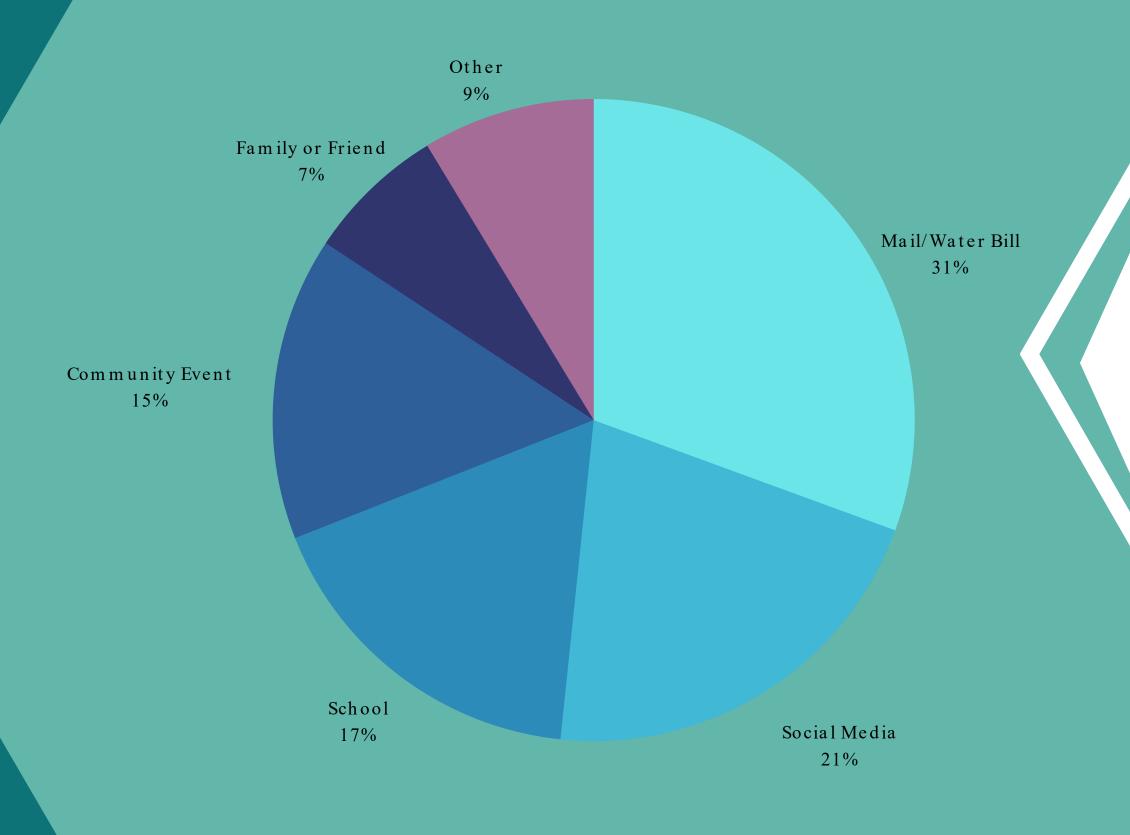
ONE ENTERY PER HOUSEHOLD

ONE ENTRY PER HOU

- Table tents at local restaurants
- Post card mailed to all Falls City addresses
- > Survey notification in water bill mailer
- > Yard signs placed around Falls City
- Presence at Falls City events
- Flyers in paper and digital format sent from school to families
- Posters at general store, post office, and other local businesses



#### How Respondents Learned About The Survey



#### Outreach Success

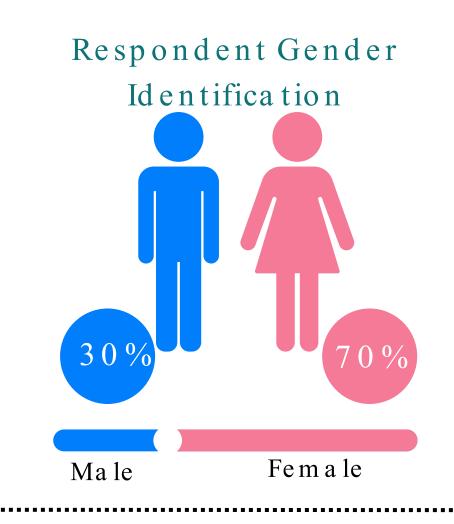


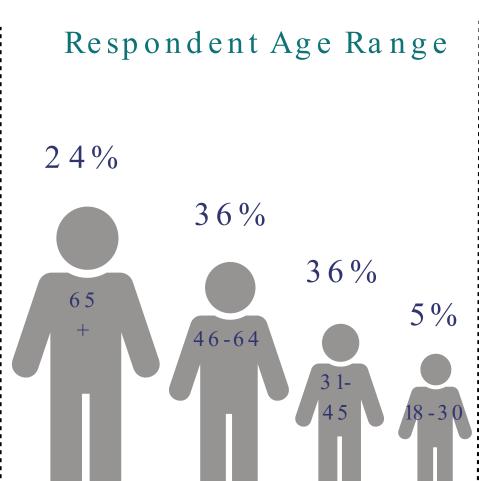
### Falls City & Survey Respondent Demographics

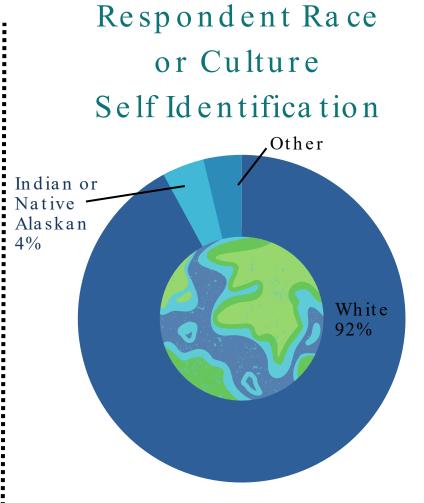
Falls City is a largely rural area with no physical healthcare or dental services providers located within the zip code, and no public transportation available.

	Falls City 2020 Census	Survey Respondents With Falls City Address	Total Survey Respondents (4 mile radius beyond FC)
Households	4 16	182	240
Total Population	10 5 1	591	782
Adults	8 3 1	423	554
Children	2 2 0	168	228

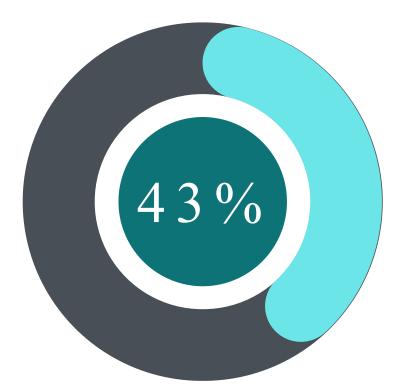
Survey Respondent and Household Characteristics

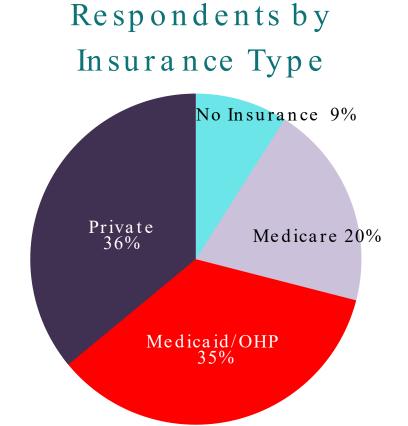


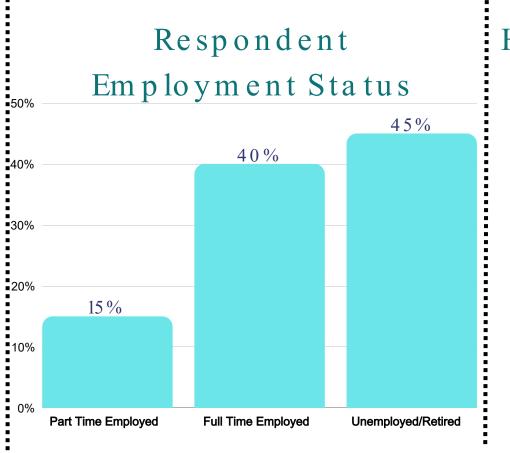




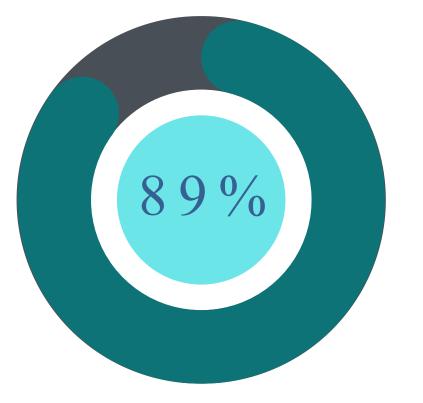
Households with Children







Household Internet Access



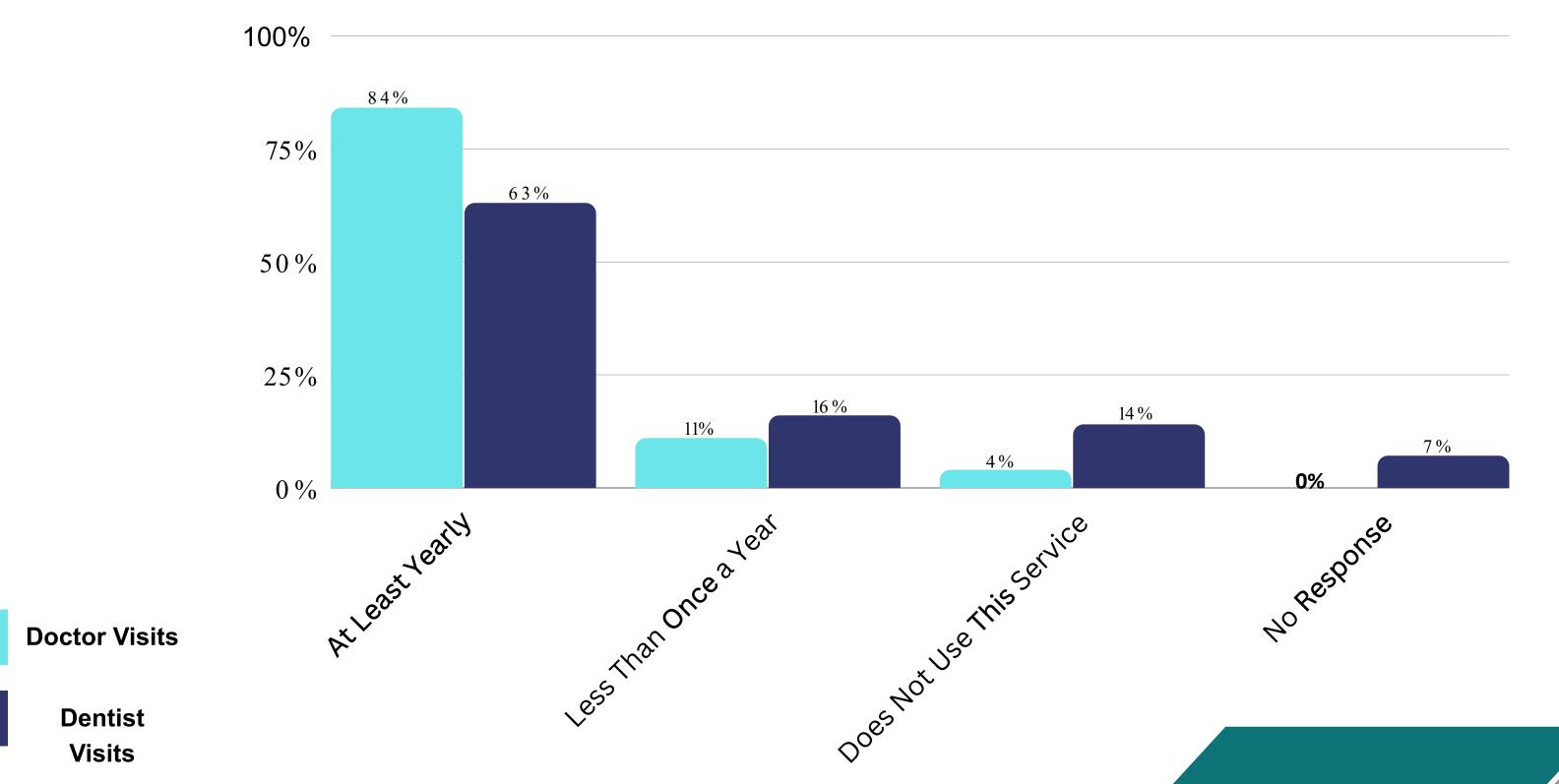




## Survey Results

#### Regularly Visit Doctor and Dentist

All Respondents



#### Emergency Room Visits by Insurance

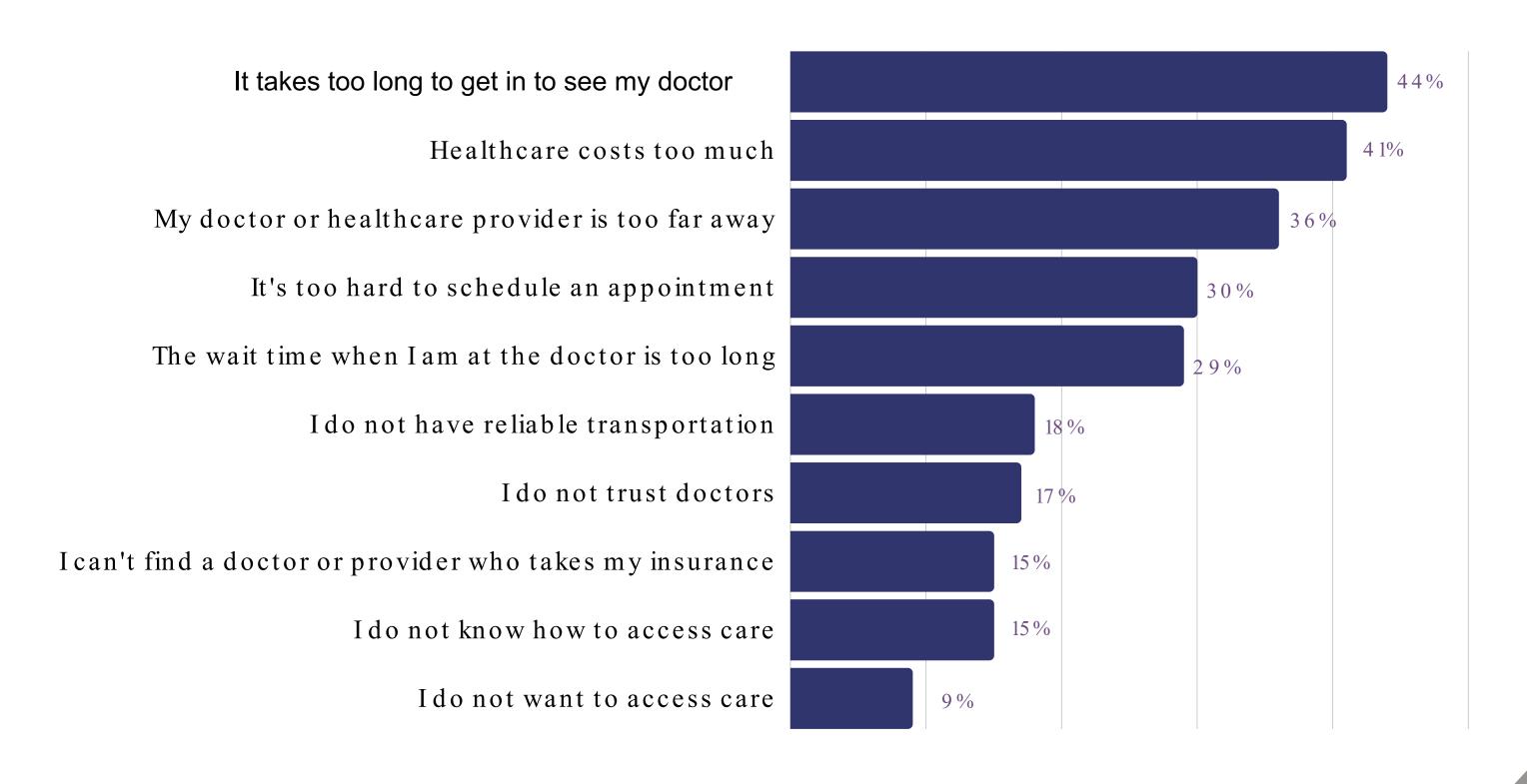
	No Insurance	Medicare	OHP/ Medica id	Private
Monthly or More Often	0 %	0 %	3 %	0 %
Every 6 Months	0 %	4 %	12 %	4 %
Yearly or Less Often	30%	4 1%	57%	5 4 %
Do Not Use or No Response	70%	54%	28%	42%

#### Urgent Care Visits by Insurance

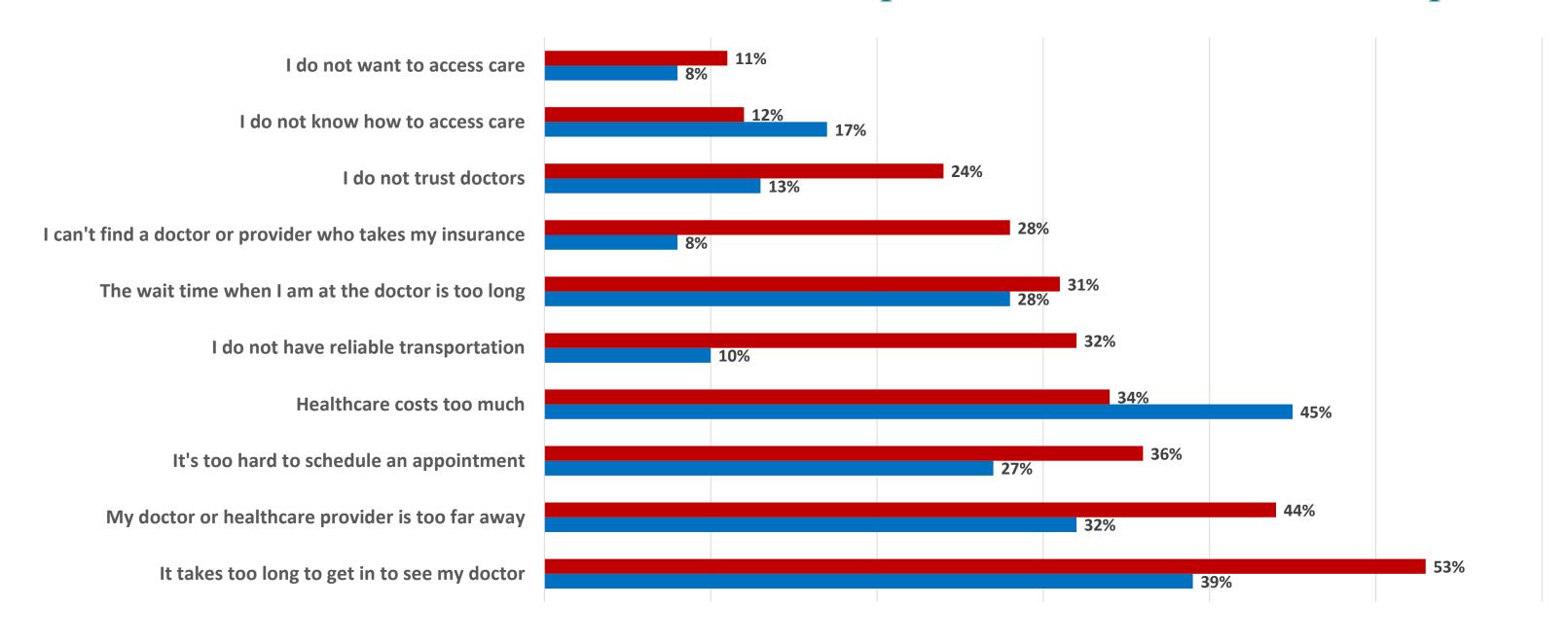
	No Insurance	Medicare	OHP/ Medica id	Private
Monthly or More Often	0 %	0 %	4 %	1%
Every 6 Months	10 %	0 %	18 %	18 %
Yearly or Less Often	40%	3 2 %	48%	47%
Do Not Use or No Response	50%	68%	3 1%	3 4 %

#### Barriers

45% of all respondents did not seek healthcare in the past year because of lor more of the following barriers

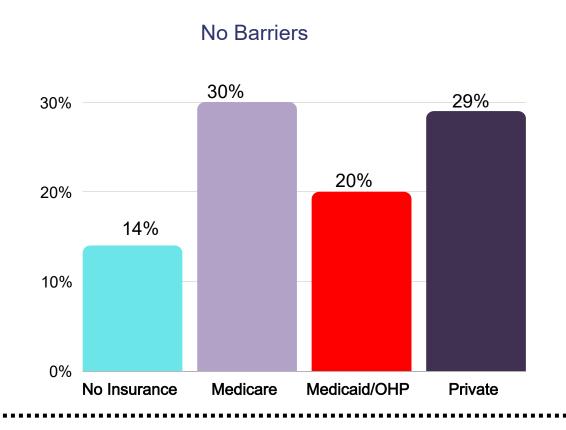


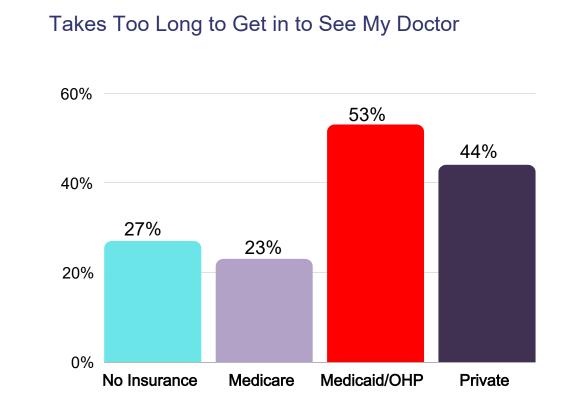
#### Barriers: OHP/ Medicaid Insured Compared To All Other Respondents

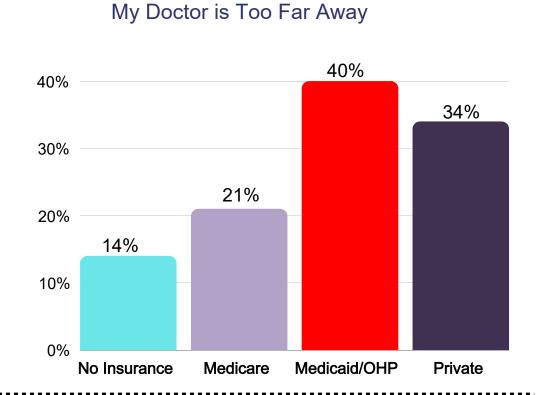




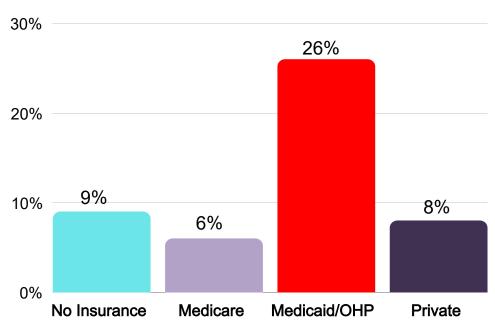
#### Barriers (by Insurance Type)



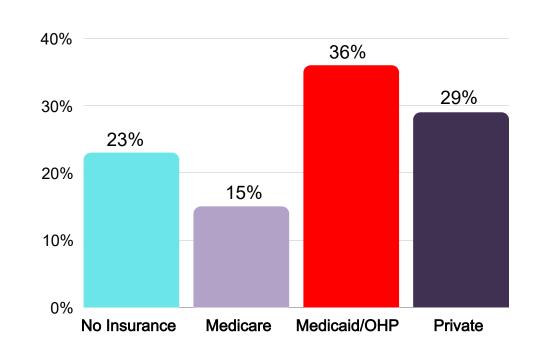




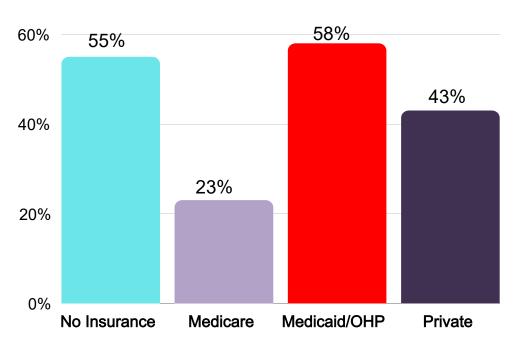




It's Too Hard to Schedule an Appointment



Did Not Seek Care at Least Once in the Past Year Because of a Barrier







## Survey Results



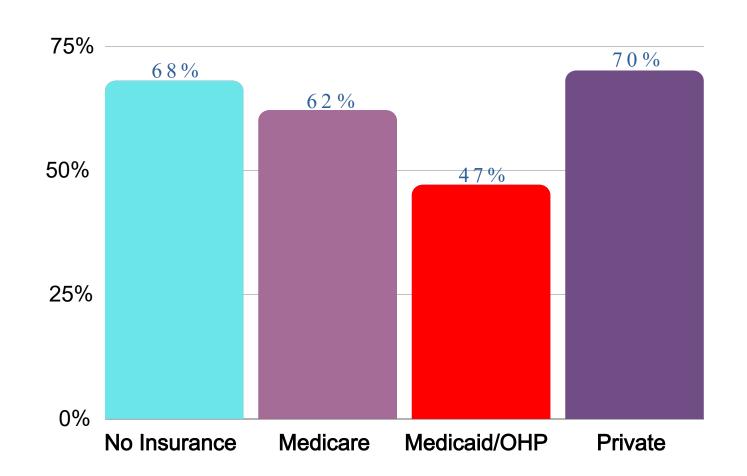
#### All Respondents:

#### Have Accessed and Would Access Virtual Care

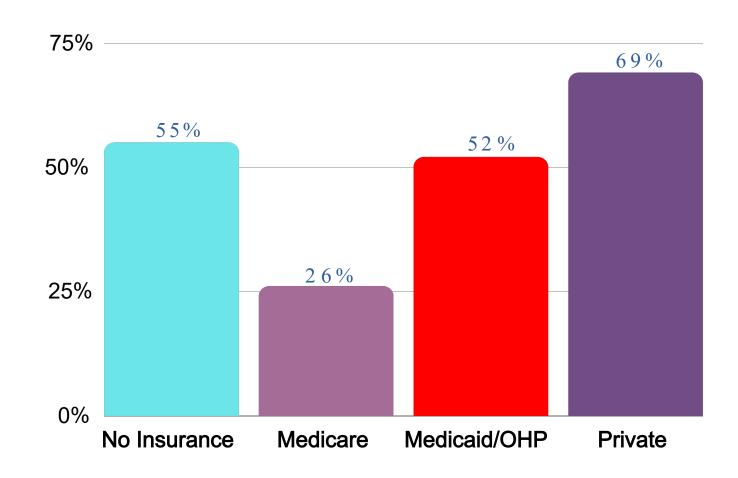


## Would Access Care Virtually (by Insurance Type)

#### Regular Doctor



#### Mental Health/Counselor





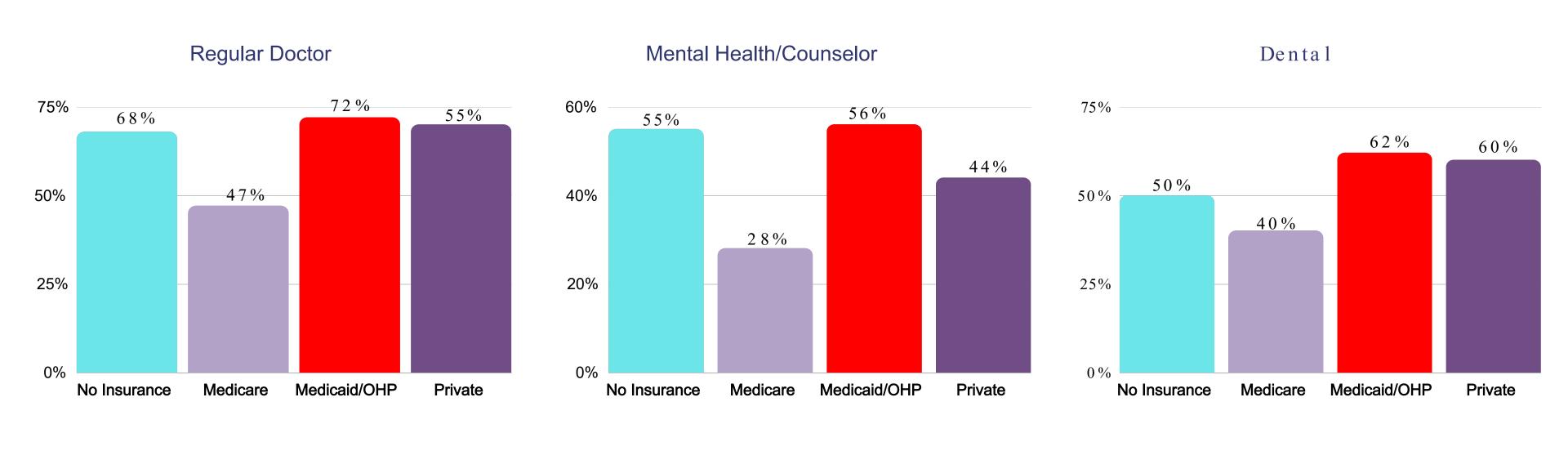






**Private** 

## Would Access Mobile Health Care (by Insurance Type)

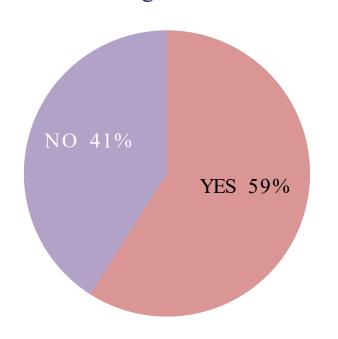






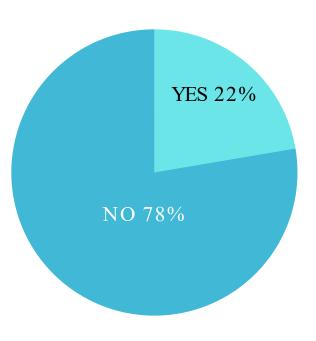
#### Respondents With Children: Virtual and Mobile Healthcare Access

HAVE Accessed Regular Doctor Virtually

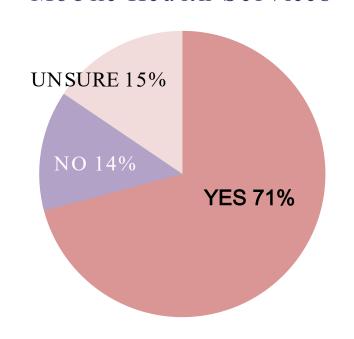






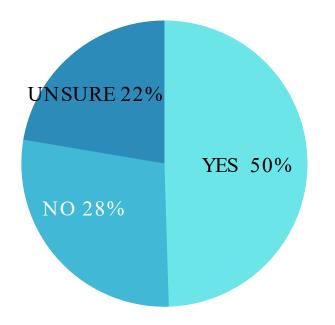


WOULD Access Regular Doctor Mobile Health Services

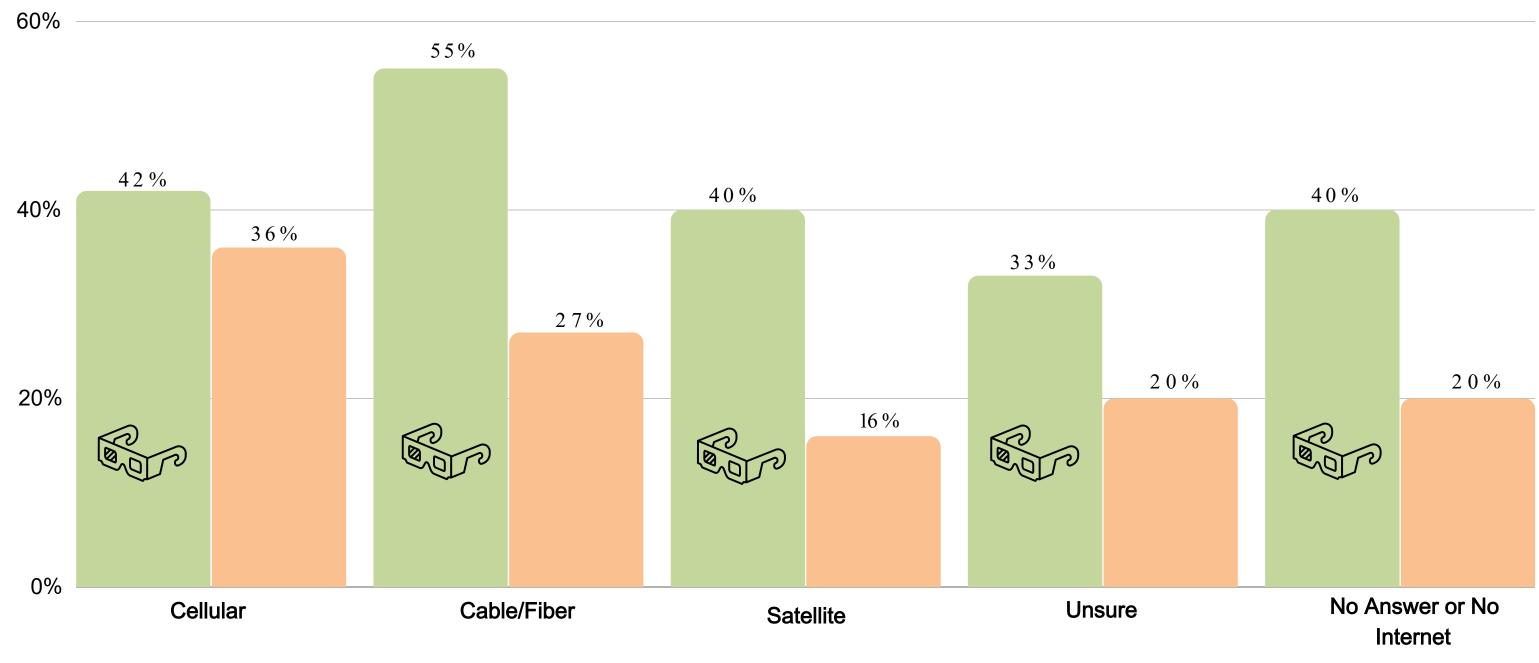




WOULD Access Mental Health
Mobile Health Services



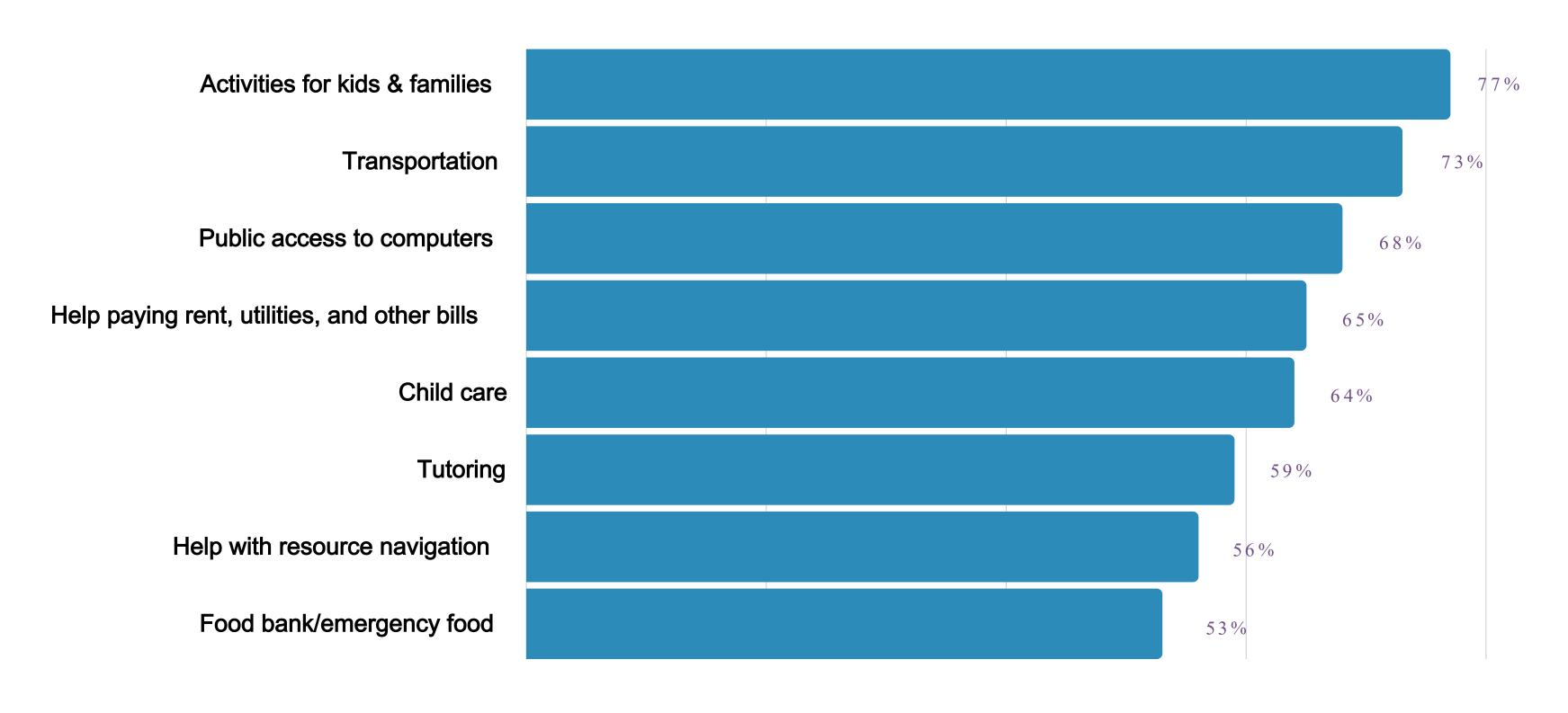
## Virtual Visits & No Barriers (by Internet Access Type)







#### Resource Needs in Falls City Area





# Key Findings: DEMOGRAPHICS

- 40% of Falls City households returned a survey representing 782 people
- Almost 90% of households have internet access of some kind
- 8% of respondents identified as uninsured



# Key Findings: ACCESS/ BARRIERS

- 84% of respondents indicate they see a regular doctor at least yearly
- 63% of respondents indicate they see a dentist at least yearly
- 42% of respondents reported "healthcare costs too much"
- 44% of respondents reported "it takes too long to get in to see my doctor"
- 45% of all respondents and 58% of OHP/Medicaid respondents reported they did not seek care at least once during the past year due to one or more listed barriers



# Key Findings: VIRTUAL/ MOBILE

- 49% of respondents reported having had a virtual doctor visit and 63% indicated they would consider utilizing virtual healthcare in the future
- 25% of respondents reported accessing mental health or counseling virtually
- 62% of respondents indicated they would utilize mobile healthcare to see a regular doctor
- Respondents with children had a 59% rate of virtual visits with doctors compared to the general survey rate of 49%





Data shows limited racial and cultural diversity but diverse healthcare attitudes and access.

Respondents identified a desire to have a collection of outreach, education, and hybrid (mobile and virtual) access options for healthcare services.



To address the access options identified by respondents will require collaboration between healthcare entities, government and community leaders.

#### Recommendations

- Convene a steering committee
- Engage the Falls City community through a robust healthcare event in spring of 2023
- Examine the feasibility of establishing a physical healthcare location in Falls City

   This could also serve as a mobile docking station for virtual & in-person care
- Establish and publicize a *Health and Wellness Connections* website listing available health-related resources with links to training modules as well
- Identify/apply for grants to improve the use of technology for households in rural areas



Access Full Report: www.co.polk.or.us/fco

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