

## **WEST NILE VIRUS**

- Protect yourself and your family from mosquito bites that spread the virus:
- All it takes is one bite from an infected mosquito to get WNV
- Be aware of your risk: anyone can get sick (people age 50+ are at highest risk)
- Use mosquito repellent while outdoors
- Know that peak biting hours are from dusk to dawn
- Cover-up with long sleeves and pants
- Support community-based mosquito control programs

