

Winter Weather Terminology

- ◆ **Freezing Rain or Freezing Drizzle:** indicates rain that freezes as it strikes the ground and other surfaces forming a coating of ice.
- ◆ **Sleet:** indicates small particles of ice, usually mixed with rain. If enough sleet accumulates on the ground, it will make travel hazardous.
- ◆ **Snow:** when used without a qualifying word such as occasional or intermittent, indicates that the snowfall will be steady and probably continue for several hours.
- ◆ **Snow Flurries:** indicates periods of snow falling for short durations at intermittent periods. Accumulations are generally small
- ◆ **Winter Storm Watch:** indicates severe winter weather conditions may affect the area (freezing rain, sleet, or heavy snow may occur separately or in combination)
- ◆ **Winter Storm:** Warning indicates that severe winter weather conditions are imminent.

Cold Related Injuries

- ◆ **Frostbite:** Damage to body tissue caused by that tissue being frozen
- ◆ **Hypothermia:** Low Body Temperature
- ◆ **Heart Attack:** Strain from the cold and hard labor may cause a heart attack.

Before, During & After

In the event of a winter storm there are 3 stages you need to be prepared for: the before, during and after. Preparing for a winter storm can save your and your families life.



Winter Storms are deceptive killers, most of the deaths that occur are indirectly related to the actual storm.

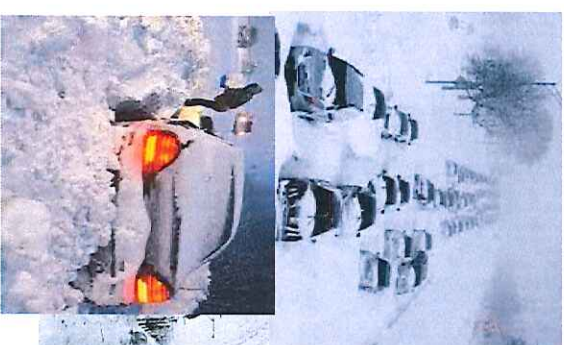
- ◆ People die in traffic accidents on icy roads
- ◆ People die of heart attacks while shoveling snow
- ◆ People die of hypothermia from prolonged exposure to the cold

Winter

Preparedness

Winter Storm

Information



Polk County
Emergency Management

850 Main Street
Dallas, OR 97338
(503) 623-9251

Bender.Dean@co.polk.or.us

ARE YOU PREPARED FOR

WINTER?

Before a Winter Storm

BE PREPARED

Residents should be aware of the danger that exists in their area, monitor emergency services websites and local media outlets for information.



- ◆ Have a 72-hour kit ready to use: see <http://www.co.polk.or.us/sheriff/em/emergency-preparedness-handouts> for information
- ◆ Avoid driving when storm warning or watch as been issued
- ◆ Stay informed on any changes in the weather
- ◆ Put supplies (72-hour kit) in vehicle when traveling during winter storm season

During a Winter Storm

Survival

Home Survival

- ◆ In case of power outage, close unused rooms to consolidate heat
- ◆ Wear layered clothing
- ◆ Bring all pets inside
- ◆ Never heat the house with the stove

Stay or Go

- ◆ Stay
- ◆ If stuck on road
- ◆ If safe location is closed
- ◆ If you do not have the ability to call for help

Go

- ◆ If the distance to call for help is accessible
- ◆ If you have visibility & outside conditions are safe
- ◆ If appropriately clothed

After a Winter Storm

Recovery

- ◆ If you do not have adequate supplies to stay warm in your home overnight, you may want to go to a designated public shelter if you can get there safely
- ◆ Restock your emergency supplies to be ready in case another storm hits.
- ◆ Assess how well your supplies and family plan worked: What could you have done better?
- ◆ Take a few minutes to improve your family plan and supplies before the next winter storm hits.
- ◆ **LEARN FROM EVERY STORM**



During an emergency, check our website for important updates!

<http://www.co.polk.or.us/sheriff/em>