### POLK COUNTY

**POLK COUNTY LOCAL ADDICTION PREVENTION PLANNING COMMITTEE**

**Wednesday December 6, 2023 - 12:00 Noon**

**Courthouse Conference Room Hybrid/Virtual**

## 1. OPENING AND NOTE OF ATTENDANCE

Abby Warren called the meeting to order at 12:17 pm

Members Present:

**Annie Buse, FCO, Coordinator**

**Jill Dale, Regional Prescription Drug Overdose Prevention (Virtual)**

**Sam Hittle, PCCC, Office Manager**

**Abby Warren, FCO, Community Training & Education Supervisor**

**Mark Davis, PCBH, Supervisor**

**Katie Martin, DHS Child Welfare (Virtual)**

**RJ Pollard, Youth ERA, Program Director (Virtual)**

**Isaiah Haines, Monmouth PD (Virtual)**

**Christina McCollum, PacificSource, Behavioral Health Strategist (Virtual)**

**Kat Fox, PacificSource, Associate Behavioral Health Strategist (Virtual)**

**Naomi Biggs, Public Health Administrator (Virtual)**

Members Absent:

**Jodi Merritt, PCCC, Director**

**Aaron Felton, DA**

**Hector Garza Jr, Peer Support Specialist, BHRN**

**Kerry Hammerschmith, PCBH, Manager**

**Lucy Wehr, Public Health Coordinator**

**Kara Butler, Youth ERA, Recovery Program Manager**

**2. Minutes Approved for AUGUST 2023**

**MOTION:** **MARK DAVIS MOVED, NAOMI BIGGS SECONDED, TO APPROVE THE MINUTES FROM AUGUST 2023.**

**MOTION PASSED UNANIMOUSLY**

**3. Tobacco & Drug Education**

Annie is planning a Tobacco & Drug Prevention Education webinar for both youths and parents to attend. There is still a lot of planning and details to work out for this event; possibly looking at some time beginning of next year. So far the planning team has discussed having two separate webinars, one for youths and a separate one for parents. Annie explained, that in the past, they have struggled with attendance with events being in person, because of people feeling embarrassed or judged with their smoking and vaping habits. With shifting the event to hosting via webinar, folks will have the opportunity to attend as anonymous.

Abby asked the group if anyone has any ideas or feedback regarding the event. RJ stated that he feels that it would be a necessity to have two separate webinars available. He stated that youths will feel like it’s a requirement to attend rather than making it a choice to be there. And youths could feel like another adult is speaking for them when they want to be heard.

Naomi stated that she would love to see Lucy Wehr get involved in this event. Naomi added that a collaboration with local oral providers might be a good idea to invite to the event to educate youths about tobacco and vaping.

Jill stated that it might be a good idea to include cannabis and fentanyl to the webinar to educate parents and youths.

Christina stated that Dr. Minuhas has a great presentation for types of drugs and caffeine and how they cause damage to your mouth. Christina added that Bridgeway Recovery has a dental provider.

Mark asked about college students and if another session was going to be available for this age group. Annie stated that she agrees that there is a gap in this age group and that it would be beneficial if there was a separate webinar for these folks.

Abby added that there is funding for this event and that they plan on having some incentives to motivate the youths and parents to encourage them to attend the webinars.

Annie added that students are vaping, however there’s a current trend, showing youths are wanting to quit. Naomi stated that they are wanting to put together a Quit Kit for youths. One item that they are looking at including in the kits is a whistle necklace, something that they can use instead of a vape pen to try and break the habit.

**4. BHRN Update**

Kerry was unavailable to provide the group with a BHRN update, however RJ was able to speak on behalf of Youth Era. BHRN is coming to the end of their fiscal year, a lot of planning for next year with events and other ways to help youths in Polk County. RJ stated that there will be recovery groups in the new FCO building in Monmouth to help youths have better access to services. Youths struggle to get to Marion County, so having a building in Polk is a great benefit. Youth Era provides peer support for youths ranging in age from 14 to 25 and can work with youths one on one to help navigate life struggles and help meet their goals. RJ informed the group that there have been reports lately that marijuana is laced with fentanyl. RJ stated that they handed out approximately 1400-1500 doses of narcan last year.

RJ and Kerry Hammerschmith meet monthly to discuss any BHRN updates. Lastly, if there are any questions regarding BHRN, reach out to RJ and El.

**5. Round Table**

~ Abby Warren (FCO) Abby told the group that FCO will be moved into the new building in Monmouth in January. She stated that the new building has a large conference room space and a second smaller conference room free of charge. In addition, there’s a community access space with restrooms, perfect for a group of 20 people. If you would like to reserve any of the spaces, reach out to Abby to schedule. FCO will have a Pediatrician and a Salem Free Clinic on site for the community.

~ Annie Buse (FCO) Annie shared that the Spring Youth Conference is scheduled for March 20, 2024 at Western Oregon University. This is an all-day conference for rural high school juniors. There will be 3 or 4 new schools attending this year, if all students attended the conference there will be roughly 625 students in attendance. If you are interested in volunteering, becoming a speaker, or know someone that would be interested in speaking at the conference, please reach out to Annie.

~ Jill Dales (Regional OD) Jill updated the group regarding The Oregon Health initiative that is offering school districts free opioid overdose reversal kits through its Harm Reduction Clearinghouse. Each middle and high school is eligible to receive up to three opioid reversal kits. Jill reminded the group to go to friendsfightfentanyl.com to learn more about the Mid-Willamette Valley public health campaign. Friends Fight Fentanyl is a collaborative effort by the public health departments of Yamhill, Marion and Polk Counties to raise awareness about illegal fentanyl, the harm it causes and the steps that local teens can take to protect their friends and themselves from the drug.

~ Mark Davis (PCBH) No update at this time.

~ Naomi Biggs (Public Health) Naomi informed the group, that in January she will be stepping away from LAPPC and Lucy Wehr will be stepping in.

~ Katie Martin (DHS Child Welfare) No update at this time.

~ RJ Pollard (Youth ERA) Youth Era is now meeting every first and third Tuesday of the month for various support groups. In addition, they are meeting the second Monday of the month to help youths with physical disabilities.

~ Isaiah Haines (Monmouth PD) No update at this time.

~ Kat Fox (PacificSource) No update at this time.

~ Christina McCollum (PacificSource) No update at this time.

~ Sam Hittle (PCCC) No update at this time.

The meeting was adjourned at 12:59 p.m.

Next LAPPC meeting date is January 3, 2024

Minutes: Sam Hittle