BEHAVIORAL HEALTH RESOURCE NETWORK (BHRN)

The goal of Polk County's BHRN program is to provide a single point of access to harm reduction, treatment, and recovery for people who use alcohol or drugs.

Regardless of your situation we are here to help.

BHRN PARTNER IN POLK COUNTY:

Youth ERA -Peer delivered services for youth



GET CONNECTED

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Call our **24/7** hotline today to get connected to free, confidential support. **503-623-1709**

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Polk County Behavioral Health 182 SW Academy Street, STE 333 Dallas, OR 97338





SERVICES PROVIDED

OUR BHRN PROGRAM PROMOTES A CULTURE OF SAFETY, EMPOWERMENT, AND HEALING.

LOW BARRIER ACCESS TO TREATMENT FOR SUBSTANCE USE DISORDER

We can provide you with an immediate screening to determine your needs and even provide an alcohol and drug assessment to help you start treatment when you are ready. We offer no cost recovery support groups, substance use treatment, and assistance accessing residential or detox treatment.

RESOURCE CONNECTION

We can connect you to community resources such as transportation, food, or housing and help you navigate the process.



PEER SUPPORT

Our Peer Support Specialists are here to support you. Whether you continue using substances, are looking to cut back, or stop completely, they provide confidential support to help you in your journey to recovery.

EMPLOYMENT SUPPORT

We can help you identify training opportunities to build skills, help you with your resume, and help you identify low barrier job opportunities.

HARM REDUCTION

We can provide education and information on harm reduction and help connect you to infectious disease testing. We can also provide harm reduction supplies such as wound care kits to reduce the likelihood of infection, and life-saving medication that can reverse an overdose from Opioids.



GET SUPPORT

Polk County BHRN provides easy access to treatment and services for anyone who uses alcohol or drugs and wants help. We invite you to participate in a quick screening so that we can support you in finding the services to meet your needs.

BHRN Services are at no cost.