



## Acknowledgement of Orientation Documents and Consent for Treatment

### Acknowledgement of Orientation Packet:

By signing this form, you acknowledge you have received or declined a copy of the following information from Polk County Behavioral Health. We encourage you to review all documents in the Orientation Packet carefully. If you have declined a paper copy, you may visit our website at <https://www.co.polk.or.us/bh> to review materials online. The Orientation Packet contains the following information:

- Overview of Services
- Client Rights and Responsibilities
- Information about Complaints and Grievances
- Notice of Privacy Practices

\_\_\_\_\_ I received a paper copy of the Orientation Packet

\_\_\_\_\_ I declined a paper copy of the Orientation Packet, but have reviewed all documents.

### Consent for Treatment

By agreeing to receive services from Polk County Behavioral Health, I acknowledge the risks and benefits of treatment include, but are not limited to, the following:

#### Benefits

- Determining my strengths and goals for treatment
- Choosing which goals are priorities and working with my therapist in deciding how to reach those goals
- Having the opportunity to become more independent
- Enjoying increased satisfaction with the quality of my life
- Developing a personalized plan to address safety or crisis situations
- Experiencing an increase in positive responses to difficult situations
- Improving my coping abilities and reducing my stress
- Improving my personal relationships

#### Risks

- Experiencing uncomfortable levels of feelings like sadness, guilt, anxiety, anger, frustration, loneliness and helplessness
- Being in touch with painful emotions, sometimes for the first time, which may temporarily lead to feeling worse
- Recalling or talking about unpleasant aspects of my life, which can bring up uncomfortable feelings
- Personal growth sometimes requires changes that may be uncomfortable or unexpected
- Significant others may notice the changes I make; my relationships with others may be affected by the changes I make
- I may not achieve my desired level of improvement.

I understand that I have the right to refuse or stop treatment at any time. I understand that refusal or stopping treatment may have an effect on my condition, it may worsen, stay the same, or get better. I give permission to Polk County Behavioral Health to provide treatment and services to me, my child, or the person I am the legal guardian of.

\_\_\_\_\_  
Print Name of Client

\_\_\_\_\_  
Print Name of Legal Guardian if applicable

\_\_\_\_\_  
Date



## FINANCIAL AGREEMENT AND CONSENT

I agree to be financially responsible and pay for the services that are not fully covered by insurance. I understand that the law allows Polk County Behavioral Health to collect from me the amount owing.

I authorize Polk County Behavioral Health to use, disclose and communicate both verbally and in writing my health information, including substance use and mental health information to and from my health insurance company or other entity responsible for my medical bills for the purpose of eligibility, payment, audit and health care operations.

I hereby assign Polk County Behavioral Health all monies to which I am entitled from insurance for services received.

\_\_\_\_\_  
Print Name of Client

\_\_\_\_\_  
Signature: ☐ Client -or- ☐ Legal Guardian

\_\_\_\_\_  
Date



# Behavioral Health Registration

Please fill out the following information for the person who will be receiving services.

If you require assistance completing any portion of the forms, please let an office staff know.

Thank you!

## What Services Are You Seeking?

☐ Mental Health Counseling   ☐ Alcohol & Drug Treatment   ☐ DUII Program   ☐ Other: \_\_\_\_\_

## CLIENT'S INFORMATION

Last Name		First Name		Middle Initial	
Social Security No. - -	ODL/Oregon DMV# (required if seeking DUII related services)		Date of Birth / /		
Street Address		City		State	Zip Code
Mailing Address (if different from Street Address)		City		State	Zip Code

If Client is a Minor (under the age of 18):

Parent / Legal Guardian Name: \_\_\_\_\_

Parent / Legal Guardian Name: \_\_\_\_\_

A minor who is 14 years or older may access outpatient mental health, drug or alcohol treatment without parental consent.

- We ask for parent/guardian information because unless there are safety concerns, parents are expected to be involved in their minor child's treatment at some point.
- Involvement does not mean that adults always have access to a minor's mental health or chemical dependency records.
- Federal regulation 42 CFR 2.14 states that if a minor is able to self-consent for drug or alcohol treatment, the minor's treatment records cannot be disclosed without the minor's written consent (including to the parent or guardian).

## CLIENT INSURANCE INFORMATION

Oregon Health Plan (OHP) ID #		Health Plan Name			
Medicare ID #	Coverage <input type="checkbox"/> Part A <input type="checkbox"/> Part B <input type="checkbox"/> Part D Name: _____				
Additional Health Insurance Plan	Group No.	ID #	Insurance Phone Number		
Responsible Party (if different than insured)	Relationship	Date of Birth / /	Phone Number		
Additional Insurance provided through: <input type="checkbox"/> Employer <input type="checkbox"/> Self Purchased <input type="checkbox"/> Absent Parent <input type="checkbox"/> Other: _____					

## COMMUNICATION

Home Phone #	May we leave messages on this phone?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cell Phone #	May we leave messages on this phone?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	May we send text messages regarding appointments to this phone?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Email	May we send email messages regarding appointments to this phone?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<p>What is your preferred method for appointments?</p> <p><input type="checkbox"/> I prefer to attend appointments IN PERSON</p> <p><input type="checkbox"/> I prefer appointments through VIDEO</p> <p><input type="checkbox"/> I don't have a preference – either IN PERSON or VIDEO is fine with me</p> <p><i>We will make every effort to accommodate your preferences, however it may not always be guaranteed.</i></p>		

## HEALTH INFORMATION

Mark if you have received the following services in the past. Please indicate if we may request these records

<input type="checkbox"/> Mental Health Counseling Provided By: _____	ROI for Records Request <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Alcohol and Drug Treatment Provided By: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Psychiatric Medication Management Provided By: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Primary Care Provider** – Who provides your Medical Care?

Dr. Name: \_\_\_\_\_ Clinic Name/Location: \_\_\_\_\_

Are you pregnant? <input type="checkbox"/> Yes <input type="checkbox"/> No	Do you use tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No	Do you use alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No
Do you use drugs recreationally? <input type="checkbox"/> Yes <input type="checkbox"/> No	Do you use illegal drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Do you use IV Drugs? <input type="checkbox"/> Yes <input type="checkbox"/> No	Have you used non-prescribed drugs or alcohol in the past 90 days? <input type="checkbox"/> Yes <input type="checkbox"/> No	

## ADVANCE DIRECTIVES

Have you previously completed an Advance Directive?

☐ No - I have not completed an Advance Directive

☐ Yes - I have a completed Advance Directive and it is on file with:

☐ PCP \_\_\_\_\_

☐ Hospital: \_\_\_\_\_

☐ Family, Attorney, Personal Representative \_\_\_\_\_

## MEDICATIONS / ALLERGIES

Do you have any Allergies to Medication? ☐ Yes ☐ No

If so, please list:

\_\_\_\_\_

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If you are currently being prescribed any of the following medications, please mark below:

Medications	Who prescribes you this medication?	Medications	Who prescribes you this medication?
<b>Antipsychotics</b> <input type="checkbox"/> olanzapine/Zyprexa _____ <input type="checkbox"/> risperidone/ Risperdal _____ <input type="checkbox"/> clozapine/ Clozaril _____ <input type="checkbox"/> aripiprazole/ Abilify _____ <input type="checkbox"/> quetiapine/ Seroquel _____ <input type="checkbox"/> chlorpromazine/ Thorazine _____ <input type="checkbox"/> haloperidol/Haldol _____ <input type="checkbox"/> ziprasidone/Geodon _____ <input type="checkbox"/> paliperidone/ Invega _____ <input type="checkbox"/> asenapine/ Saphris _____ <input type="checkbox"/> lurasidone/Latuda _____ <input type="checkbox"/> cariprazine/Vraylar _____		<b>ADHD - nonstimulant</b> <input type="checkbox"/> atomoxetine/ Strattera _____ <input type="checkbox"/> clonidine/ Catapres/Kapvay _____ <input type="checkbox"/> guanfacine / Tenex/ Intuniv _____ <input type="checkbox"/> bupropion/ Wellbutrin _____	
<b>Benzodiazepines</b> <input type="checkbox"/> lorazepam/ Ativan _____ <input type="checkbox"/> clonazepam/ Klonopin _____ <input type="checkbox"/> diazepam/ Valium _____ <input type="checkbox"/> alprazolam/ Xanax _____ <input type="checkbox"/> chlordiazepoxide/ Librium _____ <input type="checkbox"/> temazepam/restoril _____ <input type="checkbox"/> flurazepam/Dalmane _____		<b>Antidepressants</b> <input type="checkbox"/> fluoxetine/Prozac _____ <input type="checkbox"/> citalopram/ Celexa _____ <input type="checkbox"/> sertraline/ Zoloft _____ <input type="checkbox"/> escitalopram/ Lexapro _____ <input type="checkbox"/> bupropion/ Wellbutrin _____ <input type="checkbox"/> paroxetine/ Paxil _____ <input type="checkbox"/> mirtazapine/ Remeron _____ <input type="checkbox"/> duloxetine/ Cymbalta _____ <input type="checkbox"/> venlafaxine/ Effexor XR _____ <input type="checkbox"/> desvenlafaxine / Pristiq _____ <input type="checkbox"/> levomilnacipran/ Fetzima _____ <input type="checkbox"/> vortioxetine/ Trintellix _____ <input type="checkbox"/> vilazodone/ Viibryd _____	
<b>ADHD- Stimulant</b> <input type="checkbox"/> Adderall XR _____ <input type="checkbox"/> Adderall _____ <input type="checkbox"/> Concerta _____ <input type="checkbox"/> Dexadrine _____ <input type="checkbox"/> Daytrana _____ <input type="checkbox"/> Focalin XR _____ <input type="checkbox"/> Quillivant XR _____ <input type="checkbox"/> Ritalin _____ <input type="checkbox"/> Ritalin SR _____ <input type="checkbox"/> Vyvanse _____ <input type="checkbox"/> Metadate ER _____ <input type="checkbox"/> Metadate CD _____ <input type="checkbox"/> Methylin ER _____ <input type="checkbox"/> Jornay _____		<b>Other</b> <input type="checkbox"/> Vicodin _____ <input type="checkbox"/> Oxycontin _____ <input type="checkbox"/> Fentanyl/Duragesic/Fentora _____ <input type="checkbox"/> Lorcet/Lortab/ Norco _____ <input type="checkbox"/> Hydromorphone/Dilaudid _____ <input type="checkbox"/> Merperidine/Demerol _____ <input type="checkbox"/> Methadone/Dolophine _____ <input type="checkbox"/> Morhpine/MS contin _____ <input type="checkbox"/> Oxycodone _____ <input type="checkbox"/> Oxyfast/Roxicodine _____ <input type="checkbox"/> Targiniq ER _____ <input type="checkbox"/> Percocet _____ <input type="checkbox"/> Tramadol _____ <input type="checkbox"/> Suboxone _____ <input type="checkbox"/> Other: _____	

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## DEMOGRAPHICS

Because we are a Medicaid provider, we are required to ask the following questions. The Oregon Health Authority uses information collected to better understand the needs and background of people who we serve. This information also helps them make decisions about future programs that they will develop and fund.

1. **How do you (the client) identify your race, ethnicity, tribal affiliation, country of origin, or ancestry?**

2. **Which of the following describes your (the client's) racial or ethnic identity?** (Please check ALL that apply)

<input type="checkbox"/> I don't want to answer	<b>AMERICAN INDIAN AND ALASKA NATIVE</b> <input type="checkbox"/> American Indian <input type="checkbox"/> Alaska Native <input type="checkbox"/> Canadian Inuit, Metis, or First Nation <input type="checkbox"/> Indigenous Mexican, Central American, or South American  <b>2a. What is the client's Tribal Affiliation</b> <input type="checkbox"/> Not Applicable <input type="checkbox"/> Burns Paiute <input type="checkbox"/> Conf Tribe Coos, Lower Ump & Siuslaw <input type="checkbox"/> Conf Tribe of Grand Ronde <input type="checkbox"/> Conf Tribe of Siletz <input type="checkbox"/> Conf Tribe of Umatilla <input type="checkbox"/> Conf Tribe of Warm Springs <input type="checkbox"/> Coquille Indian Tribe <input type="checkbox"/> Cow Creek / Ump Indians <input type="checkbox"/> Klamath Tribes <input type="checkbox"/> Other	<b>BLACK / AFRICAN AMERICAN</b> <input type="checkbox"/> African American <input type="checkbox"/> Afro-Caribbean <input type="checkbox"/> Ethiopian <input type="checkbox"/> Somali <input type="checkbox"/> Other African (Black) <input type="checkbox"/> Other Black  <b>MIDDLE EASTERN/NORTH AFRICAN</b> <input type="checkbox"/> Middle Eastern <input type="checkbox"/> North African  <b>ASIAN</b> <input type="checkbox"/> Asian Indian <input type="checkbox"/> Cambodian <input type="checkbox"/> Chinese <input type="checkbox"/> Communities of Myanmar <input type="checkbox"/> Filipino/a <input type="checkbox"/> Hmong <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Laotian <input type="checkbox"/> South Asian <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other Asia
<b>HISPANIC AND LATINO a/x</b> <input type="checkbox"/> Central American <input type="checkbox"/> Mexican <input type="checkbox"/> South American <input type="checkbox"/> Other Hispanic or Latino/a/x  <b>NATIVE HAWAIIAN AND PACIFIC ISLANDER</b> <input type="checkbox"/> Chamoru (Chamorro) <input type="checkbox"/> Marshallese <input type="checkbox"/> Communities of the Micronesian Region <input type="checkbox"/> Native Hawaiian <input type="checkbox"/> Samoan <input type="checkbox"/> Other Pacific Islander  <b>WHITE</b> <input type="checkbox"/> Eastern European <input type="checkbox"/> Slavic <input type="checkbox"/> Western European <input type="checkbox"/> Other White		

2b. **Which of the following best describes your (the client's) ethnicity:**

- ☐ I don't want to answer    ☐ Not of Hispanic Origin    ☐ Hispanic    ☐ Cuban    ☐ Mexican    ☐ Puerto Rican  
☐ Other Specific Hispanic \_\_\_\_\_

3. **If you checked more than one category above, is there one you think of as your primary racial or ethnic identity?**

- |                                                                                         |                                                                    |
|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <input type="checkbox"/> Yes. Please type your primary racial or ethnic identity: _____ | <input type="checkbox"/> No. I identify as Biracial or Multiracial |
| <input type="checkbox"/> I do not have just one primary racial or ethnic identity       | <input type="checkbox"/> N/A. I only checked one category above    |
|                                                                                         | <input type="checkbox"/> Don't know                                |
|                                                                                         | <input type="checkbox"/> Don't want to answer                      |

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4a. What language or languages do you use at home? ☐ English ☐ Spanish ☐ Other \_\_\_\_\_

\* *Skip to question 7 if you indicated English only*

4b. In what language do you want us to communicate in person, on the phone, or virtually with you?

☐ English ☐ Spanish ☐ Other \_\_\_\_\_

4c. In what language do you want us to write to you? ☐ English ☐ Spanish ☐ Other \_\_\_\_\_

5a. **Do you need or want an interpreter for us to communicate with you?** \*(Interpreters are available at no charge)

☐ Yes ☐ No ☐ Don't know ☐ Don't want to answer

5b. **If you need or want an interpreter, what type of interpreter is preferred?**

- ☐ Spoken language interpreter
- ☐ Deaf Interpreter for DeafBlind, additional barriers, or both
- ☐ American Sign Language interpreter
- ☐ Contact sign language (PSE) interpreter
- ☐ Other (please list): \_\_\_\_\_

\* *Skip to question 7 if you do not use a language other than English or sign language*

6. How well do you speak English?

☐ Very Well ☐ Well ☐ Not Well ☐ Not at all ☐ Don't know ☐ Don't want to answer

7. Are you deaf or do you have serious difficulty hearing?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

8. Are you blind or do you have serious difficulty seeing, even when wearing glasses?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

\* *Please skip to question 17 now if the client is under age 5*

9. Do you have serious difficulty walking or climbing stairs?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

10. Because of a physical, mental or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

11. Do you have difficulty dressing or bathing?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

12. Do you have serious difficulty learning how to do things most people your age can learn?

☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

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**13. Using your usual (customary) language, do you have serious difficulty communicating (for example understanding or being understood by others)?**

- ☐ Yes, please indicate the age at which the condition began \_\_\_\_\_
- ☐ No

- ☐ Don't Know
- ☐ Don't Want to Answer
- ☐ Don't Know what this question is asking

**\* Please skip to question 17 now if the client is under age 15**

**14. Because of a physical, mental or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?**

- ☐ Yes, please indicate the age at which the condition began \_\_\_\_\_ ☐ No ☐ Don't Know ☐ Don't Want to Answer

**15. Do you have serious difficulty with the following: mood, intense feelings, controlling your behavior, or experiencing delusions or hallucinations?**

- ☐ Yes, please indicate the age at which the condition began \_\_\_\_\_
- ☐ No

- ☐ Don't Know
- ☐ Don't Want to Answer
- ☐ Don't Know what this question is asking

**16. How do you describe your sexual orientation or sexual identity?**

- ☐ Don't Know what this question is asking
- ☐ I don't want to answer
- ☐ Don't know
- ☐ Straight (attracted mainly to or only to other gender(s) or sex(s))
- ☐ Gay
- ☐ Lesbian
- ☐ Bisexual

- ☐ Pansexual
- ☐ Asexual
- ☐ Queer
- ☐ Same-gender loving
- ☐ Same-sex loving
- ☐ Questioning

**17. Client last name at birth? (on birth certificate)** \_\_\_\_\_

**18. What is your Gender Identity?** ☐ Female ☐ Male ☐ Trans Woman ☐ Trans Man ☐ Non-Binary

**18a. What sex were you assigned at birth (on your original birth certificate)?** ☐ Female ☐ Male

**19. Is the client a veteran?**

- ☐ Yes, Veteran and Current or Former Active Duty Military
- ☐ Yes, Veteran and Current or Former Guard/Reserve Military
- ☐ No, but Current or Former Guard/Reserve Military
- ☐ No

**20. What is the highest grade (year) completed by client?** \_\_\_\_\_

**20a. If currently a student, what school do you attend?** \_\_\_\_\_

**21. What is client's county of residence?** ☐ Polk ☐ Marion ☐ Other: \_\_\_\_\_

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**22. What is client's marital status? (If Living as Married – Please check married)**

☐ Never Married    ☐ Married    ☐ Divorced    ☐ Separated    ☐ Widowed

**23. What is client's employment status (check all that apply)?**

- ☐ Full Time (35 or more hours)  
☐ Part Time (Less than 35 hours)  
☐ Unemployed (Looking for work or on layoff)  
☐ Homemaker  
☐ Student  
☐ Retired  
☐ Disabled (Unable to work for physical or psychological reasons)  
☐ Hospital Patient or Resident of Other Institutions  
☐ Other Reported Classification (e.g. volunteers)  
☐ Sheltered/Non-Competitive Employment (Jobs in segregated settings for a specific population, intended to provide training and experience)  
☐ Not in Labor Force (Not actively looking for work)

**23a. Are you interested in receiving information about how to find employment?** ☐ Yes ☐ No

**24. What is the primary source of income/support for client or parent(s) of client?**

☐ Wages/Salary    ☐ Disability/SSDI    ☐ Other  
☐ Public Assistance    ☐ Retirement/Pension/SSI    ☐ None

**25. Estimated Gross Monthly Household Income:** \$ \_\_\_\_\_ ☐ No Income ☐ Refuse to Answer

**26. What is the total number of people dependent upon the Household income?** \_\_\_\_\_

**26a. How many of these are ages 0-17?** \_\_\_\_\_

**27. What is the client's living arrangement?**

- |                                                                 |                                                              |
|-----------------------------------------------------------------|--------------------------------------------------------------|
| <input type="checkbox"/> Private Residence (at home)            | <input type="checkbox"/> Alcohol and Drug Free Housing       |
| <input type="checkbox"/> Private Residence (with Relatives)     | <input type="checkbox"/> Oxford Home                         |
| <input type="checkbox"/> Private Residence (with non-relative)  | <input type="checkbox"/> Residential Facility (SUD)          |
| <input type="checkbox"/> Other Private Residence                | <input type="checkbox"/> Residential Facility (BRS)          |
| <input type="checkbox"/> Transient/Homeless                     | <input type="checkbox"/> Residential Facility (CSEC)         |
| <input type="checkbox"/> Foster Home                            | <input type="checkbox"/> Residential Facility (PRTS)         |
| <input type="checkbox"/> Residential Facility                   | <input type="checkbox"/> Residential Facility (SCIP/SAIP)    |
| <input type="checkbox"/> Jail                                   | <input type="checkbox"/> Residential Facility (SRTF or YAT)  |
| <input type="checkbox"/> Prison                                 | <input type="checkbox"/> Residential Facility (RTH or YAT)   |
| <input type="checkbox"/> Room & Board                           | <input type="checkbox"/> Secure Residential (SRTF Adult)     |
| <input type="checkbox"/> Supported Housing                      | <input type="checkbox"/> Residential Sub-Acute Care Facility |
| <input type="checkbox"/> Supported Housing (scattered site)     | <input type="checkbox"/> Other _____                         |
| <input type="checkbox"/> Supported Housing (congregate setting) |                                                              |

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**28. Please list the number of:**

Total Arrests in the **past MONTH** \_\_\_\_\_ Total Arrests in **your LIFETIME** \_\_\_\_\_  
DUII arrests in the **past MONTH** \_\_\_\_\_ DUII arrests in **your LIFETIME** \_\_\_\_\_

**29. Who Referred You To Us?**

- |                                          |                                                     |                                              |                                                     |
|------------------------------------------|-----------------------------------------------------|----------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Self            | <input type="checkbox"/> Circuit Court              | <input type="checkbox"/> Family/Friend       | <input type="checkbox"/> Jail                       |
| <input type="checkbox"/> Child Welfare   | <input type="checkbox"/> Federal Court              | <input type="checkbox"/> Media, Internet     | <input type="checkbox"/> State Prison               |
| <input type="checkbox"/> Crisis Helpline | <input type="checkbox"/> Municipal Court            | <input type="checkbox"/> Police or Sheriff   | <input type="checkbox"/> Federal Prison             |
| <input type="checkbox"/> ADSS            | <input type="checkbox"/> Advocacy Court             | <input type="checkbox"/> Employer            | <input type="checkbox"/> State Psychiatric Facility |
| <input type="checkbox"/> Parole          | <input type="checkbox"/> Aging & Disability         | <input type="checkbox"/> Employment Services | <input type="checkbox"/> PSRB Board                 |
| <input type="checkbox"/> Probation       | <input type="checkbox"/> Attorney                   | <input type="checkbox"/> Vocational Rehab    | <input type="checkbox"/> Justice Court              |
| <input type="checkbox"/> School          | <input type="checkbox"/> DD Services                | <input type="checkbox"/> Health Plan/CCO     | <input type="checkbox"/> None                       |
|                                          | <input type="checkbox"/> Doctor, Nurse or Physician |                                              | <input type="checkbox"/> Other _____                |

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# PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered  
by any of the following problems?  
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING 0 + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_  
=Total Score: \_\_\_\_\_

If you checked off any problems, how difficult have these problems made it for you to do your  
work, take care of things at home, or get along with other people?

Not difficult at all <input type="checkbox"/>	Somewhat difficult <input type="checkbox"/>	Very difficult <input type="checkbox"/>	Extremely difficult <input type="checkbox"/>
-----------------------------------------------------	---------------------------------------------------	-----------------------------------------------	----------------------------------------------------