



the  
**place**  
for teen health

# What should I ask the nurse?

The nurses at The Place are full of helpful knowledge!

You can ask the nurse any and all questions without fear, guilt or embarrassment. Here are some helpful things to ask...

What if I'm not ready?

How can I say no?

What are the risks of having sex?

What choices do I have for birth control?

What are the side effects of birth control?

How effective is birth control?

How much birth control will I get today?

How often should I get tested for STIs/STDs? HIV? Hepatitis?

How can I convince my partner to get tested ?



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# What will the nurse ask me?

The Nurse will ask you a variety of questions, but don't worry, information will be kept confidential.

Be truthful about the following...

- Your personal health history
- Your current health problems
- Your family health history
- The first day of your last period
- Your drug and alcohol use
- Your current birth control method  
(*Ex. abstinence, condoms, pills, etc.*)
- Your sexual history
- Are you sexually active?